# Incidental Pulmonary Nodule (IPN) and Low-Dose CT Lung Cancer Screening Programs: How They Compare

Ray U. Osarogiagbon, MBBS FACP
Chief Scientist, Baptist Memorial Health Care Corporation
Director, Multidisciplinary Thoracic Oncology Program
Baptist Cancer Center, Memphis, TN.

2023 FLASCO Early Lung Cancer Summit. Hollywood, FL. January 21, 2023



### **DECLARATIONS**

Chair: Board of Directors, Hope Foundation for Cancer Research (SWOG)

Co-chair: IASLC N-Staging Sub-Committee, IASLC Prognostic Factors Subcommittee; SWOG Early Lung Cancer Sub-Committee

Consultant: American Cancer Society, AstraZeneca, Genentech/Roche, National Cancer Institute

Member: Fleischner Society

Patents: Lymph node specimen collection kit, Method for lymph node analysis

PI: S1934 (NASSIST: NeoAdjuvant chemoradiation +/- immunotherapy before Surgery for Superior Sulcus Tumors)

Scientific Advisory Board: Druckenmiller Center for Lung Cancer Research, MSKCC; GO2 Foundation; Lung Cancer Foundation of America; LUNGevity Foundation, NCI Board of

Scientific Advisors

**Speaker:** Biodesix, Genentech/Roche, Medscape, Tryptych Healthcare Partners

Steering Committee: National Lung Cancer Round Table, NCI Cancer Prevention Steering Committee

**Stock:** Eli Lilly, Gilead Sciences, Pfizer

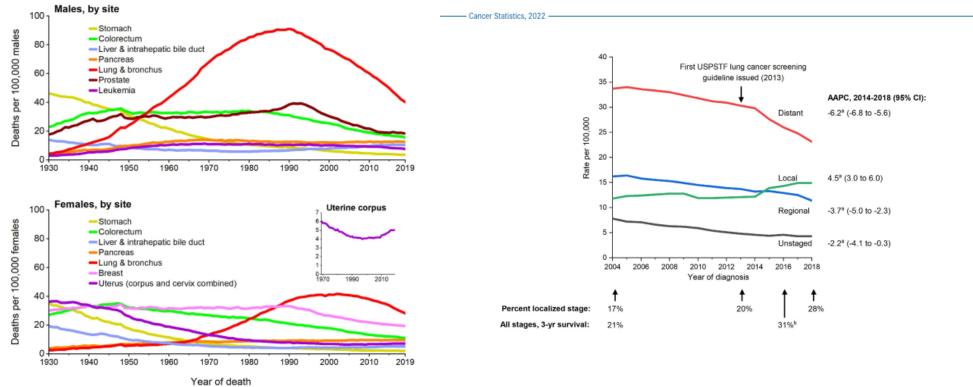


### **Objectives**

- 1. Overview US lung cancer population dynamics.
- 2. Review two approaches to early lung cancer detection.
- 3. Discuss challenges, opportunities in implementing early detection programs.
- 4. Describe early learnings from the **D**etecting **E**arly **Lung** Cancer (**DELUGE**) in the Mississippi Delta project.
- 5. Outline future directions.



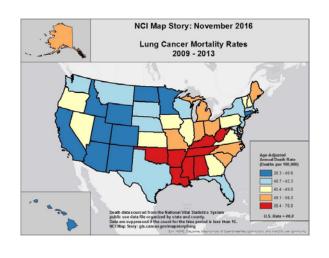
### The Good News: Evolving US Lung Cancer Statistics

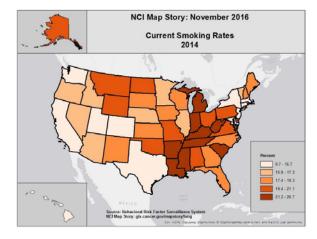


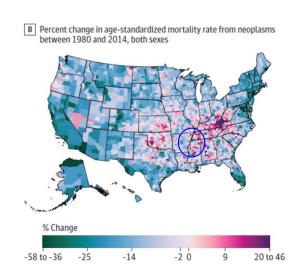
Siegel RL, Miller KD, Fuchs HE, Jemal A. Cancer statistics, 2022. CA Cancer J Clin. 2022 PMID: 35020204.



# Epidemiology of Lung Cancer in the US: A Tale of Geographic Disparity

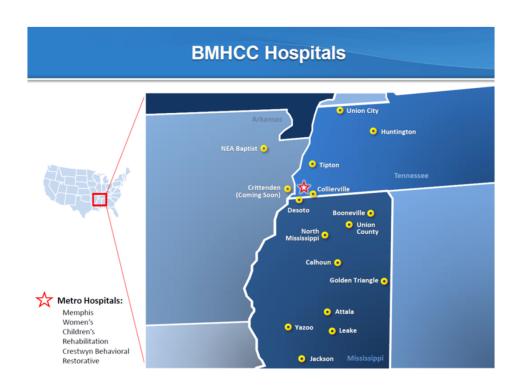






Trends and Patterns of Disparity in Cancer Mortality Among US Counties. Mokdad AH et al, JAMA.2017; 317(4):388-406.

### If BMHCC was a state....



	State	Estimated new lung cancer cases, 2020 <sup>1</sup>	NCI-Designated Cancer Center?
37	Nebraska	1270	1
38	New Hampshire	1220	1
	<b>BMHCC</b>	1200 - 1300	0
39	New Mexico	1040	1
40	Idaho	990	0
41	Rhode Island	920	0
42	Delaware	890	0
43	Hawaii	870	1
44	Montana	770	0
45	Utah	730	1
46	South Dakota	590	0
47	Vermont	570	0
48	North Dakota	460	0
49	Alaska	400	0
50	Wyoming	320	0
	DC	300	1

<sup>&</sup>lt;sup>1</sup> Siegel RL, Miller KD, Jemal A. Cancer Statistics, 2020. CA Cancer J Clin 2020;70:7-30.



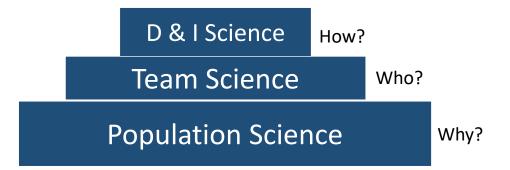
### Implementing The Mid-South Miracle:

<u>Goal</u>: Reduce Lung Cancer Mortality >25% Over 10 Years <u>Objectives</u>: sustained, rigorous implementation of seven specific clinical programs

### The Population Impact Pyramid

# Optimal Systemic Therapy Optimal Pathologic Evaluation Optimal Surgical Resection Treatment Selection LDCT Screening Management of Incidental Lung Nodules TOBACCO CONTROL

### A Three-Tiered Approach



### Approaches to Early Detection: LDCT Screening

### Pros:

- Reduces lung cancer-specific and overall mortality
- High level evidence: 3 large RCT + international meta-analysis 1-4

### Cons:

- Implementation barriers<sup>5-7</sup>
- Low adoption rates (US);8 no adoption (rest of the world)7
- Eligibility criteria limitations<sup>9,10</sup>
- Potential to exacerbate care and outcome disparities<sup>8,10-15</sup>

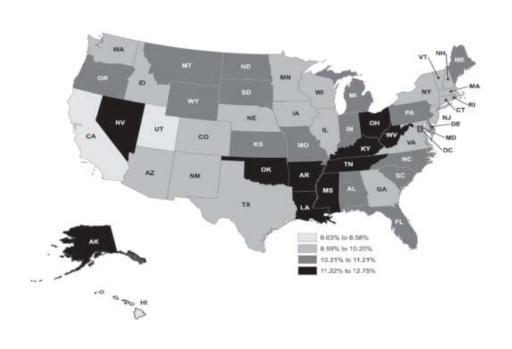
<sup>1</sup>Aberle et al. NEJM 2011 **PMID: 21714641**; <sup>2</sup>de Koning et al. NEJM 2020 **PMID: 31995683**; <sup>3</sup>Pastorino et al. Ann Oncol. 2019 **PMID: 31168572**; <sup>4</sup>Field et al Lancet Reg Health Eur. 2021. **PMID: 34806061**<sup>5</sup>Kinsinger et al. JAMA Intern Med. 2017 **PMID: 28135352**; <sup>6</sup>Field JK, et al. ESMO Open. 2019. **PMID: 31673428**; <sup>7</sup>Veronesi et al. Cancers (Basel). 2020 **PMID: 32599792**<sup>8</sup>Fedewa et al. JNCI 2021 **PMID: 33176362** 

<sup>9</sup>Pinsky PF, Berg CD. J Med Screen 2012 **PMID: 23060474**; <sup>10</sup> Pinsky PF et al Chest. 2021 **PMID: 33545164** 

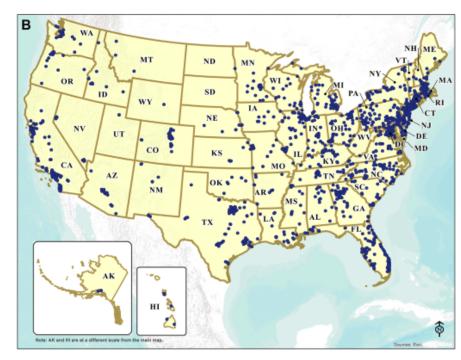
<sup>11</sup> Aldrich et al. JAMA Oncol 2019 **PMID: 31246249**; <sup>12</sup>Han et al. JNCI 2020 **PMID: 32040195**; <sup>13</sup>Prosper et al. JAMA Netw Open. 2021 **PMID: 34427681**; <sup>14</sup>Tanner et al. Am J Respir Crit Care Med. 2015 **PMID: 35928649**; <sup>15</sup>Rivera et al. Am J Respir Crit Care Med. 2020 **PMID: 33000953**.



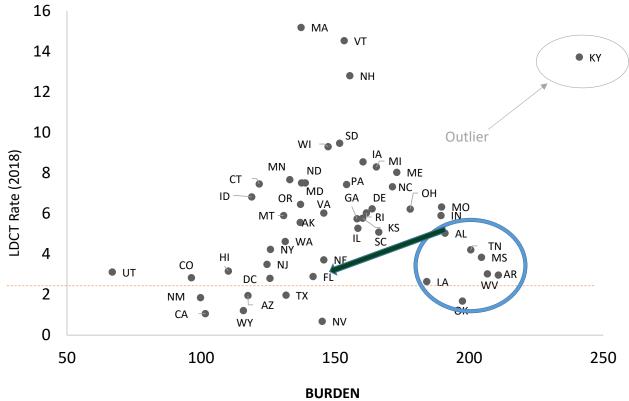
### Lung Cancer Burden v Screening: State-Level



Fedewa SA, et al. J Natl Cancer Inst. 2020. PMID: 33176362.



Sahar L, et al. Chest. 2021. PMID: 32888933.

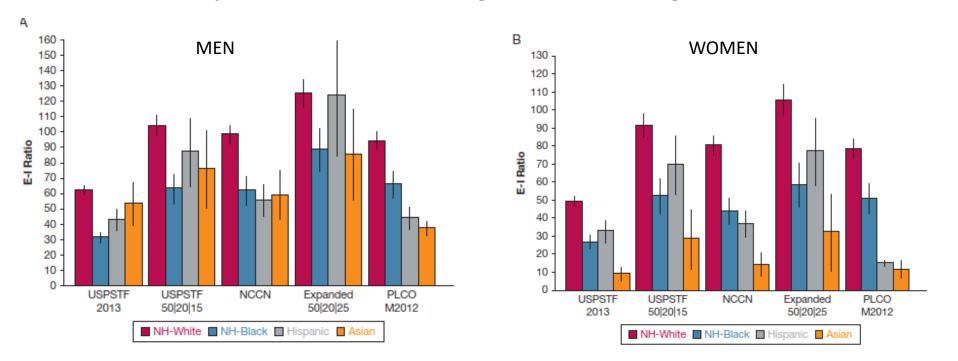


Lung Cancer Mortality Rate Per 100,000 Adults 55-80 years (2013-2017)

Fedewa SA, et al. J Natl Cancer Inst. 2020. PMID: 33176362.

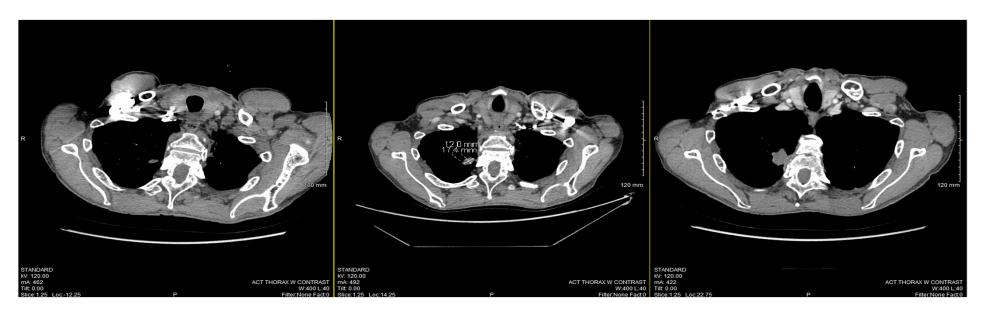
### LDCT Screening Eligibility v Per-Capita Lung Cancer Incidence

How Selection Criteria (<u>Policy-Level</u>) Drive Sex, Race and Ethnic (<u>Seemingly Person-Level</u>)
Disparities in Access to Lung Cancer Screening in the US



Pinsky PF, et al. Chest. 2021. PMID: 33545164.

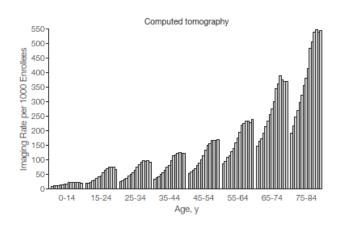
### Avoid this... save lives!



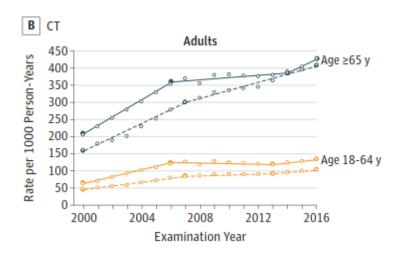
February, 2020 June, 2020 April, 2021



### Use of CT Imaging Keeps Rising...



Smith-Bindman R, et al. Use of diagnostic imaging studies...in large integrated health care systems, 1996-2010. JAMA. 2012 **PMID: 22692172** 



Smith-Bindman R, et al. Trends in Use of Medical Imaging in US Health Care Systems and in Ontario, Canada, 2000-2016. JAMA. 2019. **PMID: 31479136** 



## Guideline-Concordant Management of Incidentally Detected Lung Nodules<sup>1,2</sup>

#### • Pros:

- Starts from the point of detection of potentially malignant lung lesion
- LDCT eligibility criteria less relevant
- Bypasses LDCT implementation barriers
- Leverages existing clinical material, infrastructure
- Expands the reach of early detection to hard-to-reach populations
- Alleviates a medico-legal quandry

### • Cons:

- Requires some infrastructure for identifying, tracking, oversight
- Optimally requires transparent, interdisciplinary decision-making

<sup>1</sup>Gould MK, Donington J, Lynch WR, et al. ACCP evidence-based clinical practice guidelines. Chest. 2013 **PMID: 23649456**, <sup>2</sup>MacMahon H, Naidich DP, Goo JM, et al. From the Fleischner Society 2017. Radiology. 2017 **PMID: 28240562**.



# original report

### Lung Cancer Diagnosed Through Screening, Lung Nodule, and Neither Program: A Prospective Observational Study of the Detecting Early Lung Cancer (DELUGE) in the Mississippi Delta Cohort

Raymond U. Osarogiagbon, MBBS¹; Wei Liao, PhD¹; Nicholas R. Faris, MDiv¹; Meghan Meadows-Taylor, PhD¹; Carrie Fehnel, BBA¹; Jordan Lane, MA¹; Sara C. Williams, MFA¹; Anita A. Patel, MBBS¹; Olawale A. Akinbobola, MPH¹; Alicia Pacheco, MHA¹; Amanda Epperson, RN¹; Joy Luttrell, RN¹; Denise McCoy, BS¹; Laura McHugh, RN¹; Raymond Signore, RN¹; Anna M. Bishop, MSN¹; Keith Tonkin, MD¹²; Robert Optican, MD, MSHA¹²; Jeffrey Wright, MD, PhD¹³; Todd Robbins, MD¹; Meredith A. Ray, PhD⁴; and Matthew P. Smeltzer, PhD⁴

PMID: 35258994 DOI: 10.1200/JCO.21.02496



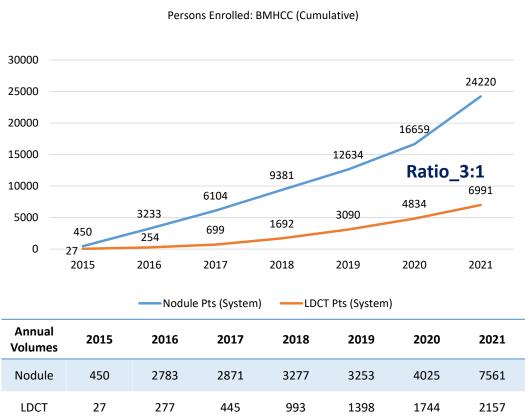
### **DELUGE: Processes**

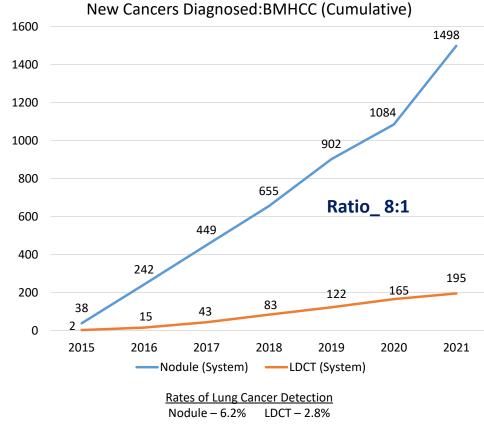
- 1. Concurrent implementation projects\_ 2015: LDCT and Incidental Lung Nodule Program
- 2. Prospective observational cohorts.
- 3. LDCT: consenting, apparently health eligible adults; Lung-RADS
- 4. ILNP: automated report capture; physician (patient) notification; Fleischner Society guidelines
- 5. High-risk patients triaged into Multidisciplinary decision-making forum



### Detecting Early Lung Cancer (DELUGE) in MS Delta

### **Program Volumes**

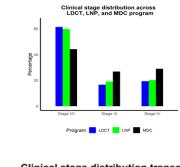


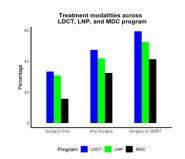


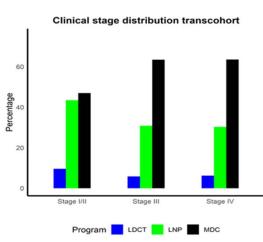


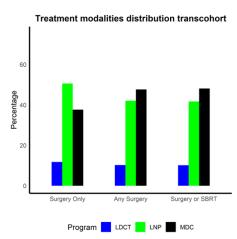
### Stage Distribution, Curative-Intent Treatment, Survival

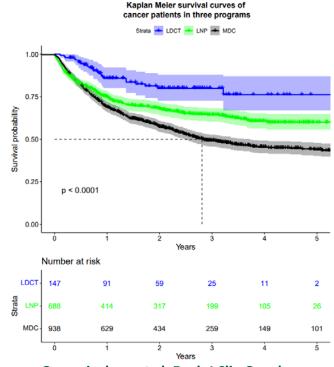
<u>DELUGE</u> in the Mississippi Delta: LDCT v LNP v MDC











Osarogiagbon, et al. Epub J Clin Oncol.

PMID: 35258994 DOI: 10.1200/JCO.21.02496



### <u>DELUGE</u> in the Mississippi Delta: LDCT v LNP v BMHCC

	LDCT	LNP	ВМНСС
Demographics	N = 156	N = 772	N = 1150
Age, median (Q1 - Q3) <sup>†</sup>	68 (64 - 72)	69 (63 -76)	68 (61-75)
Race			
White	84	71	69
Black	16	27	30
Other/Not Reported	0	2	1
<b>Smoking Status</b>			
Active	72	46	41
Former	28	40	45
Never	0	13	13
Pack years - Former Smoker			
Median (Q1-Q3)†	55 (40.75 - 72.5)	41 (24.25 - 60)	20.25 (21.5 - 60)
<b>Quit Duration - Former Smoker</b>			
Median (Q1-Q3) <sup>†</sup>	8 (2.75 - 11.25)	16 (7 - 28)	11 (4 - 24)



### **ILNP: Complementary Pathway to Early Lung Cancer Detection?**

Patient Group	LDCT	LNP	MDC	P
Proportion eligible for LDCT by USPSTF 2013 Criteria, No. (%)				
All patients	4,513 (79.75)	1,756 (11.36)	570 (32.28)	< .0001
Patients with lung cancer	133 (88.67)	298 (42.69)	430 (42.57)	< .0001
Proportion eligible for LDCT by USPSTF 2021 Criteria, No. (%)				
All patients	4,720 (83.41)	2,280 (14.75)	718 (40.66)	< .0001
Patients with lung cancer	137 (91.33)	344 (49.28)	529 (52.38)	< .0001

Abbreviations: LDCT, Low-Dose Computed Tomography Lung Cancer Screening Program; LNP, Lung Nodule Program; MDC, Multidisciplinary Care Program; USPSTF, US Preventive Services Task Force.

Even if 100% of eligible persons by USPSTF 2021 criteria had been enrolled into LDCT screening, ILNP would have detected 20% of all stage I/II patients in the entire cohort.

Osarogiagbon, et al. Epub J Clin Oncol.
PMID: 35258994 DOI: 10.1200/JCO.21.02496



## Are The DELUGE in the Mississppi Delta Data Generalizable? SEER-Medicare Cohort

- 1. 629,953 subjects from 2014 2019 in the 5% sample cohort: 26.3%, chest CTs; 12.0% IPNs
- 2. Cumulative lung cancer rates at 6, 12, 18 and 24 months: 1.6%, 2.4%, 3.2% and 3.8%.
- 3. 44,194 lung cancer cohort cases 26.9%, IPN-only; 2.9%, LDCT; 70.2%, Referent
- **Ratio 9:1**

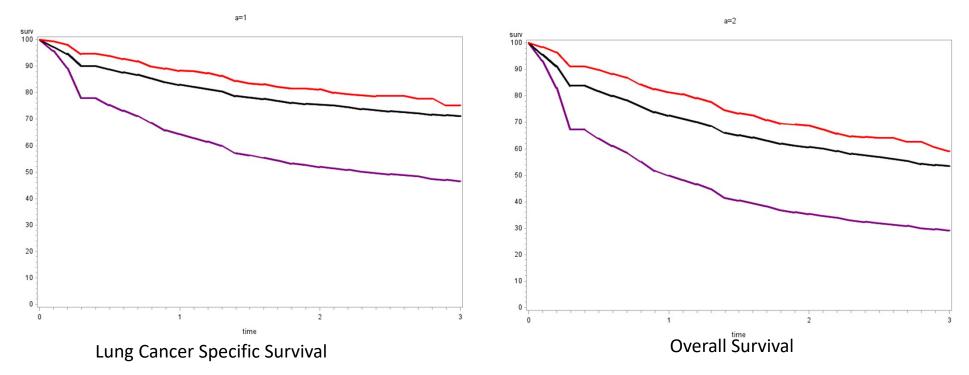
- 4. Localized stage: IPN-only 52%; LDCT, 50.3%; Referent group, 21.5%.
- 5. Among all localized cases: IPN-only, 45.4%; 4.9%, LDCT

Pinsky, Miller, Faris, Osarogiagbon. Pulmonary Nodules, Lung Cancer Screening and Lung Cancer in the Medicare Population. Chest. 2022 Dec 15:S0012-3692(22)04230-1. doi: 10.1016/j.chest.2022.12.006. Epub ahead of print. PMID: 36529155.



### Survival: LDCT v IPN v Referent

SEER-Medicare Population 2015 - 2017

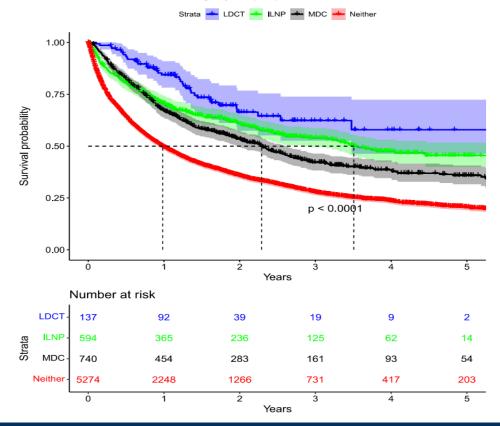


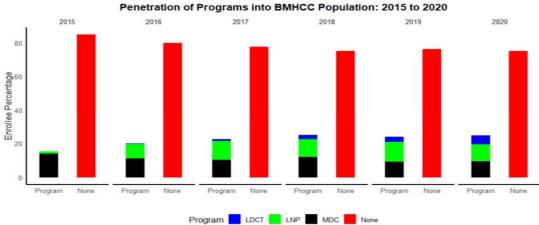
Pinsky, Miller, Faris, Osarogiagbon. Pulmonary Nodules, Lung Cancer Screening and Lung Cancer in the Medicare Population. Chest. 2022 Dec 15:S0012-3692(22)04230-1. doi: 10.1016/j.chest.2022.12.006. Epub ahead of print. PMID: 36529155.



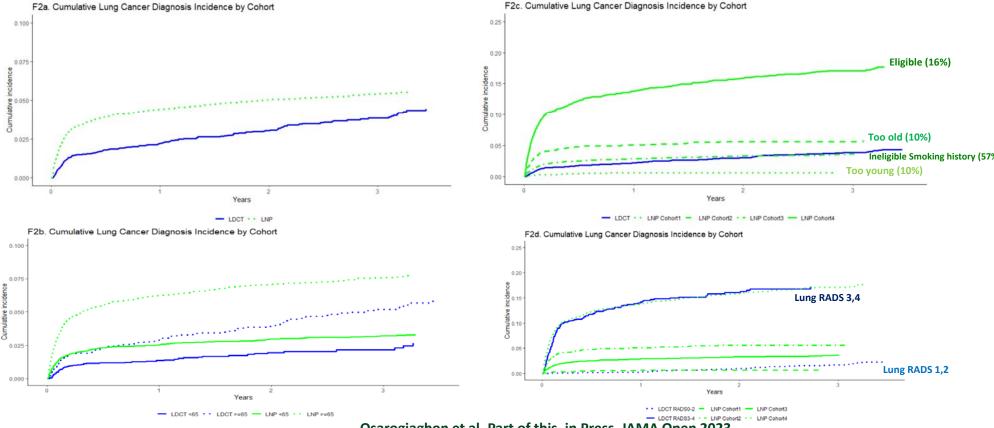
### Lung Cancer Diagnosed Through Different Pathways: BMHCC 2015 - 2020

Kaplan Meier survival curves of cancer patients: cross-linked Tumor Registry and prospective LDCT, ILNP and MDC Databases





### Cumulative Lung Cancer Risk: LDCT v ILNP

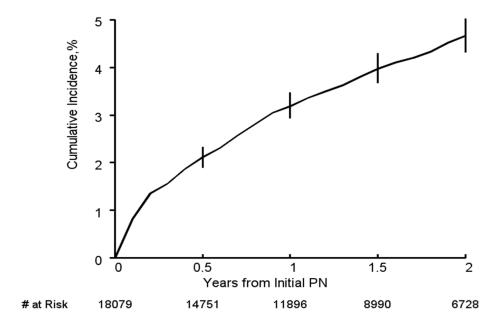


Osarogiagbon et al. Part of this, in Press, JAMA Open 2023



### **Cumulative Incidence of Lung Cancer after IPN Detection**

SEER-Medicare Database 2015 - 2017

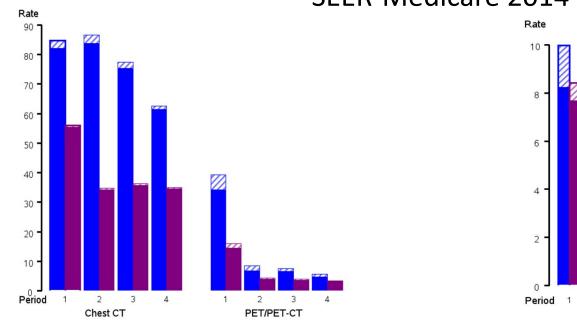


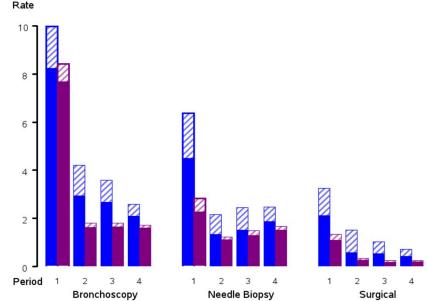
Pinsky, Miller, Faris, Osarogiagbon. Pulmonary Nodules, Lung Cancer Screening and Lung Cancer in the Medicare Population. Chest. 2022 Dec 15:S0012-3692(22)04230-1. doi: 10.1016/j.chest.2022.12.006. Epub ahead of print. PMID: 36529155.



### Rates of Diagnostic Follow up of IPNs

SEER-Medicare 2014 - 2015





**Excess procedures per late-stage cancer prevented:** 

39 (chest CT), 4.8 (PET-CT), 0.5 (bronchoscopy), 0.8 (needle biopsy) and 0.6 (surgical procedure)

Pinsky, Osarogiagbon. Unpublished.



### **Next Steps**

- 1. Program dissemination.
- 2. Evaluation of generalizability.
- 3. Quantifying population-level impact: county-level differences-in-difference analysis
- 4. Integrating a framework for optimization, discovery
  - 1. Al/radiomics approaches
  - 2. Biomarker validation

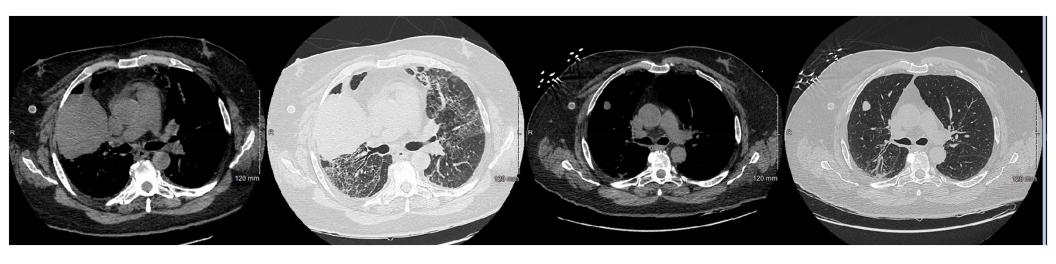


### Take-Home Messages

- Incidental Lung Nodule Programs provide an alternative pathway to early detection of lung cancer.
- Epidemiologically powerful: may rescue more people than LDCT
- LDCT + ILNP: concurrent deployment may expand population-level impact, alleviate looming disparities inadvertently induced by LDCT.
- ILNP can be implemented even in places where LDCT is not available.



### **Avoid This.... Save Lives**



02/14/22 10/24/20



### MSM: Acknowledgements

DELUGE

Administrators Parker Harris, MHA Margaret DeBon, PhD Nicholas Faris, M.Div. (Clinical Program) Carrie Fehnel, BBA (Research Program)

System Support

Jillian Foster Angela Fox Dustin Box Robert Vest Praveen Pola **Shirley Banks** Pam Beasley

**Data managers** 

Jordan Lane, MA Talat Qureshi, BS **Rudy Ramos. BA** Sara C. Williams MFA

**Data scientists** 

Wei Liao. PhD Matthew Smetlzer, PhD Diane Richards Meredith Ray, PhD

**Funding Support** 

**Navigators** Amanda Epperson, RN Joy Luttrell, RN Denise McCoy, BA

Linda Ragon, RN

Audrey Rushing, RN **Beth Smith. AAS Kim Adams** 

Clinicians Greg Jenkins, MD

Pulmonologists: Anurag Mehotra, MD Muhammad Sheikh, MD Jeffrey Wright, MD

Radiologists: Shannon Gulla, MD James Machin, MD Robert Optican, MD Keith Tonkin, MD

Thoracic Surgery: Todd Robbins, MD Sam Signore, RN

Past Support

multidisciplinary bridge across the quality

chasm in thoracic oncology.'

MultiD Program

**Administrators** Carrie Fehnel, BBA

Data managers Anita Patel, MBBS

**Navigators** 

Jasmine Banks Christie Ellis, RN Laura McHugh, RN Samantha Parker, RN Sam Signore, RN

Research Coordinators

Courtney Berryman Sarah Lafferty Erin Finley

Data scientists/Analysts

Meghan Taylor, PhD

Clinicians

Philip Lammers, MD Thomas Ng, MD Todd Robbins, MD Shailesh Satpute, MD

Past Support: Penny Kershner

Angela Fulford Laŭrie Ouick Kristi Roark Shirley Banks Folabi Ariganjoye

**Funding Support** 

Baptist Memorial Health Care PCORI: IH-1304-6147: 'Building a

MS-QSR

**Administrators** Carrie Fehnel, BBA

**Data managers** 

Wale Akinbobola, MPH **Kourtney Dortch** Andrea Saulsberry

Data scientists/Analysts

Meredith Ray, PhD

**Epidemiologists** 

Matthew Smeltzer, PhD

**Past Support** 

Philip Oieabulu, MD

**Funding Support** 

2R01CA172253:

'Improving pathologic nodal staging of resected lung cancer.'

Tobacco Control

**Clinical Support** 

John Powell, NP Laura McHugh, RN Joy Luttrell, RN

Pharmacy

Alexander Quesenberry Hannah Alley Glenn Roma

**Past Support** 

Laurie Quick Rachel Hendrix NCORP System Support

Revna Aza Salinas Lucinda Boldien Paige Gibbons

Mary Rehak Lori Lynch **Tracy Stewart** 

Ann Bishop

**Research Coordinators** 

Komal Lotav Laurel Morgan Mariesha Williams Elizabeth Mathews, RN Samantha Potts Rita Frank Jodie Baker Katie Baty, RN Carol Ragon, RN Lauren Wheeler, RN

Lauren Wooten, RN

**Clinicians** 

Stephen Behrman, MD Salil Goorah, MD Donald Gravenor, MD Philip Lammers, MD Alvssa Throckmorton. MD

Pharmacv

Alexander Quesenberry Hannah Allev Glenn Roma

**Past Support** 

**Amber Sinquefield Liset Taybo** Emma Draluck Bianca Jackson Tova Kimble Manali Jaglekar

**Cheryl Houston-Harris** 

**Antoinette Stone** Dawn Smith **Linda Sullins** 

Shelia Carr Tracy Camp

**Funding Support** 

UGA1CA189873: **Baptist Memorial** Health Care/Mid South NCORP **Minority** Underserved

Consortium