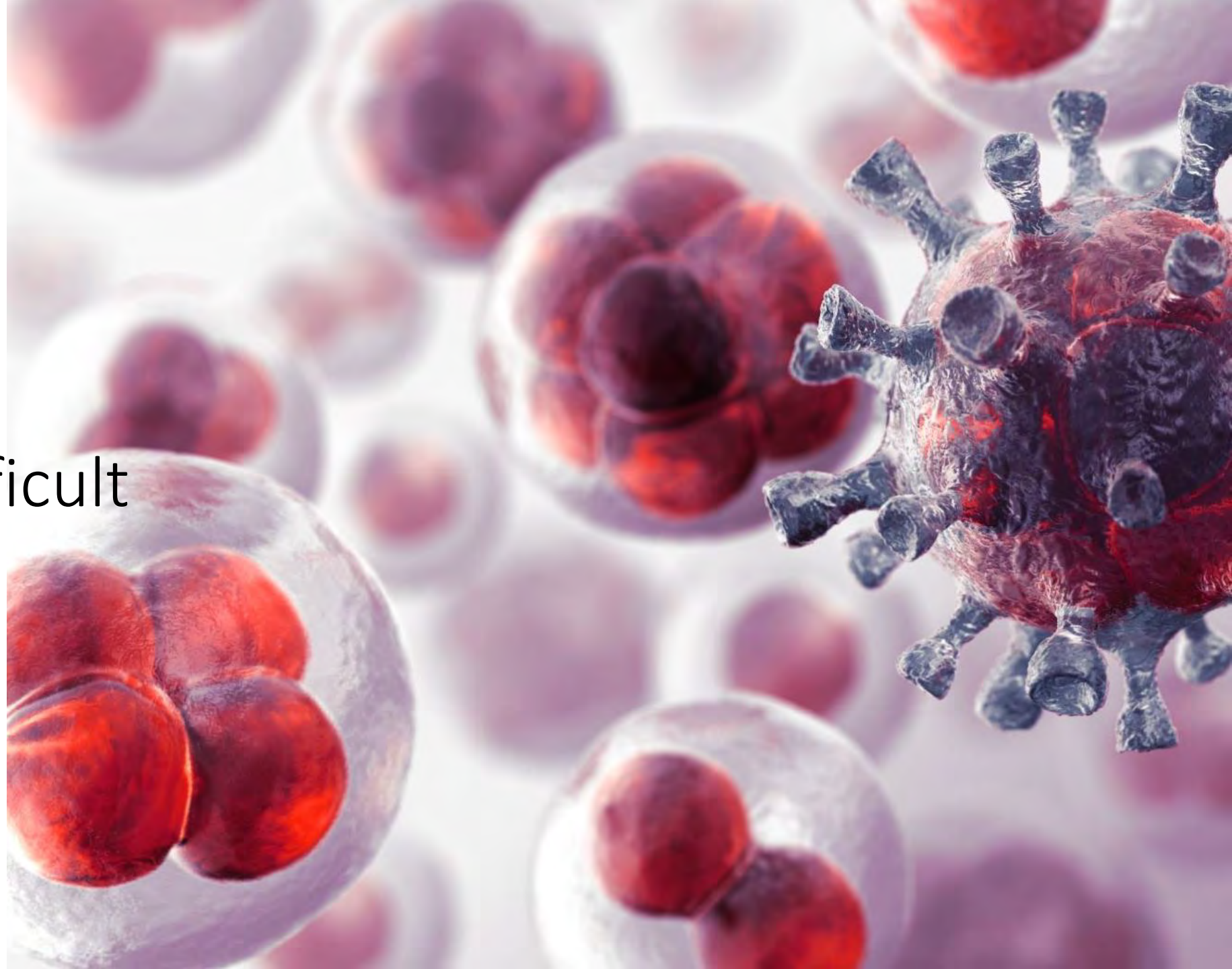


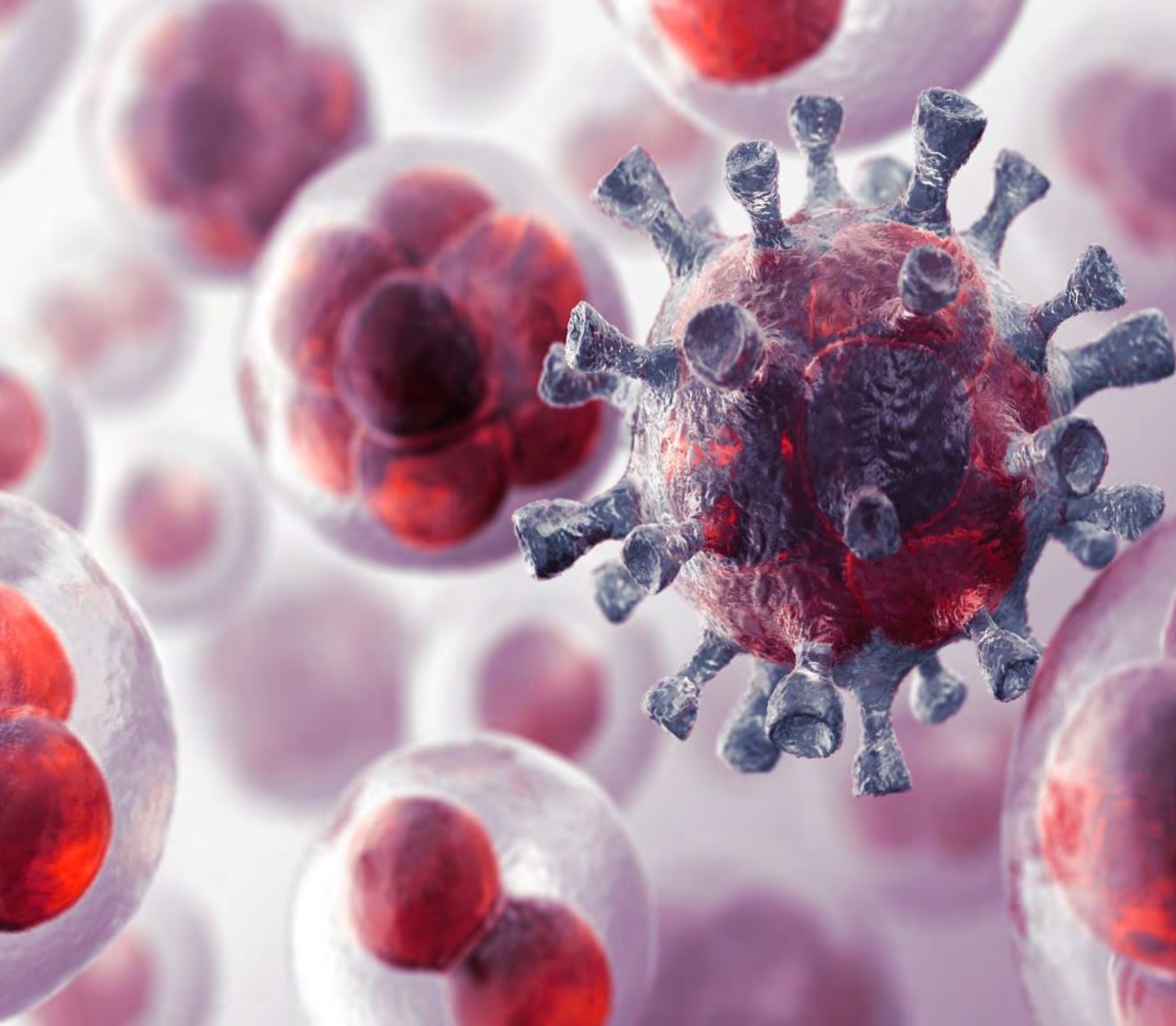
Immune Checkpoint Inhibitors Managing Difficult Toxicities

FLASCO Spring Congress

April 5, 2025

Jeanelle King, PA-C

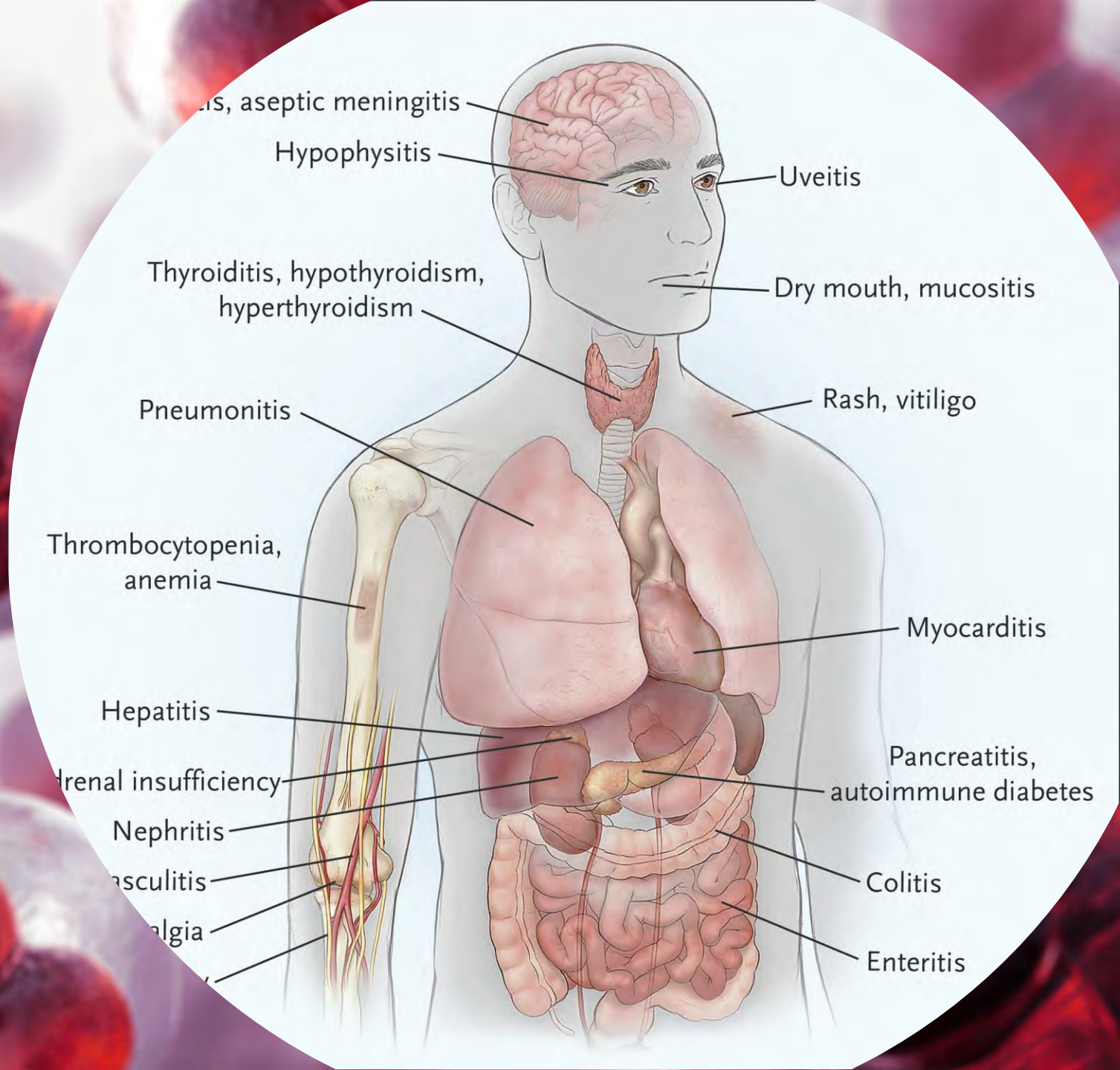
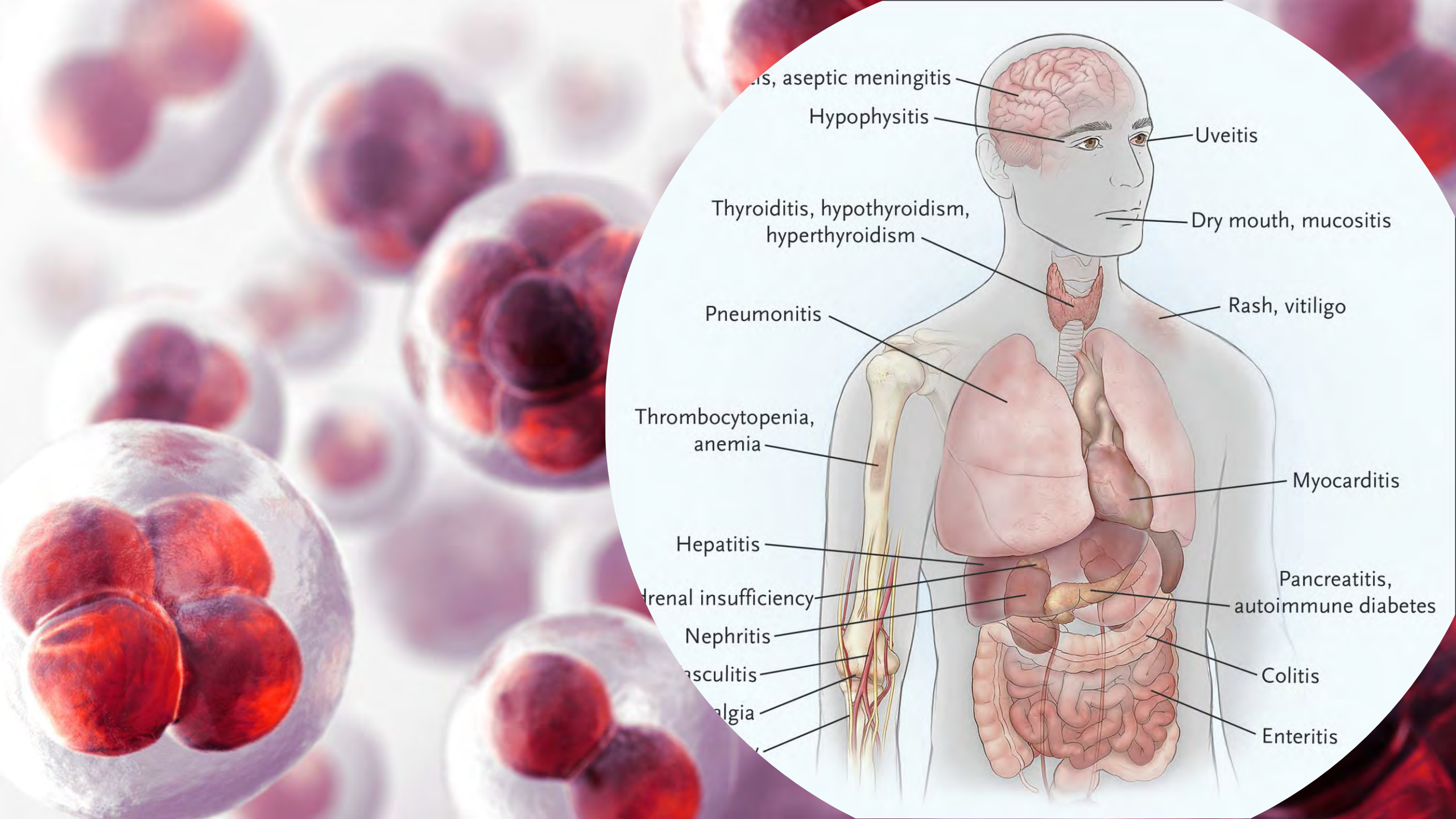




Disclosures

Speaker's bureau for *Regeneron*, *Pfizer*, *BMS*, and *Merck*

- **i3 Health and FLASCO have mitigated all relevant financial relationships**



Encephalitis, aseptic meningitis

Hypophysitis

Uveitis

Thyroiditis, hypothyroidism,
hyperthyroidism

Dry mouth, mucositis

Pneumonitis

Rash, vitiligo

Thrombocytopenia,
anemia

Myocarditis

Hepatitis

Pancreatitis,
autoimmune diabetes

Adrenal insufficiency

Nephritis

Vasculitis

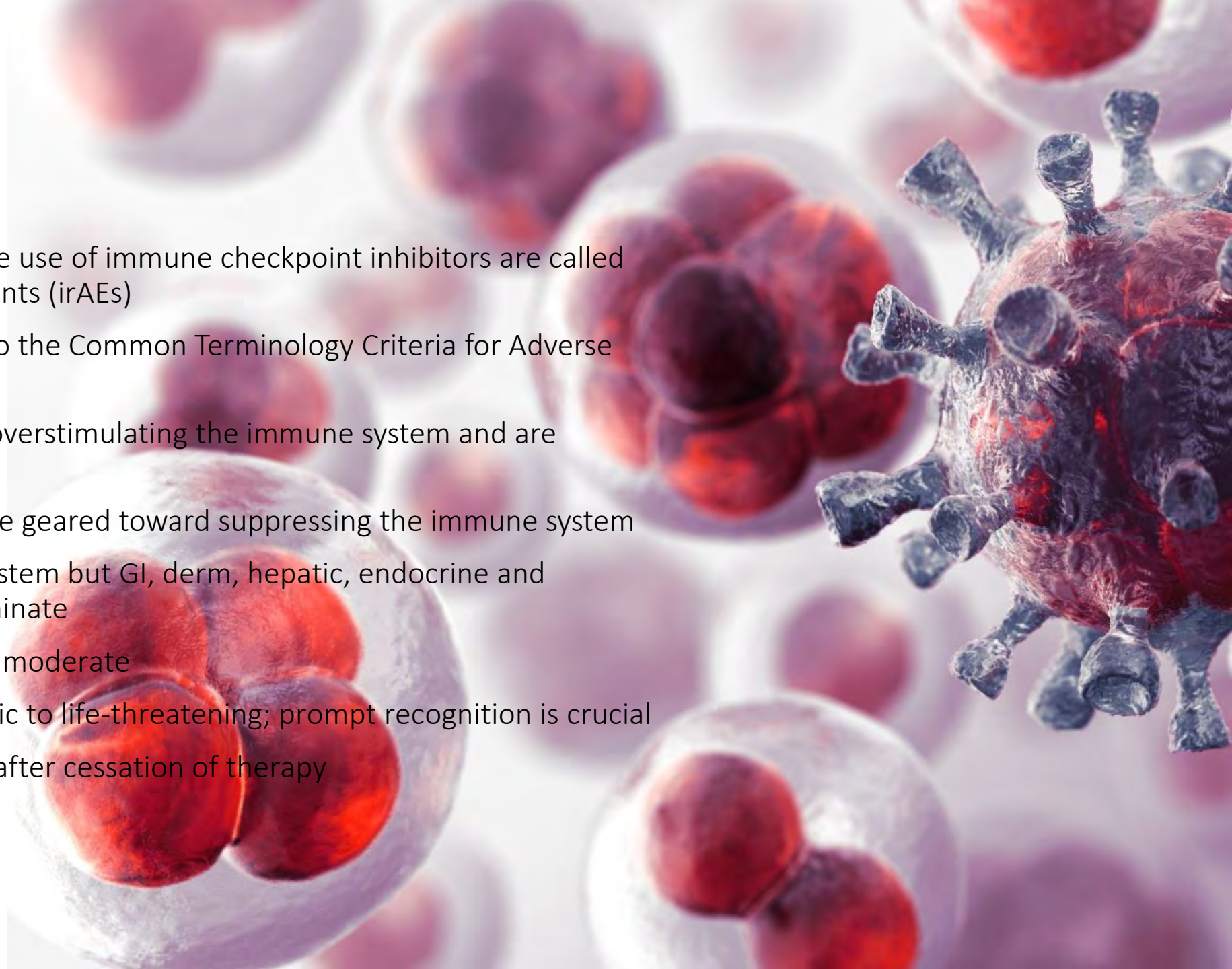
Colitis

Arthralgia

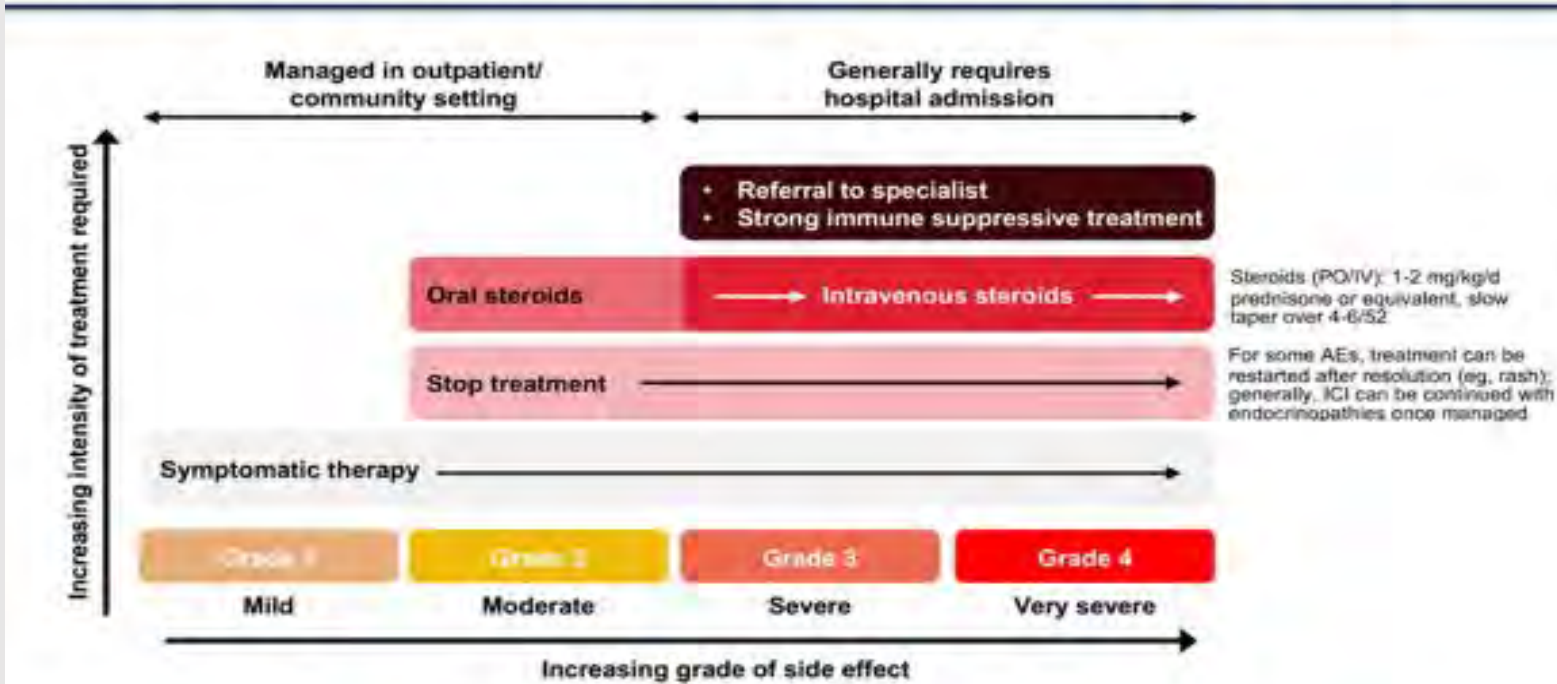
Enteritis

Basic Principles

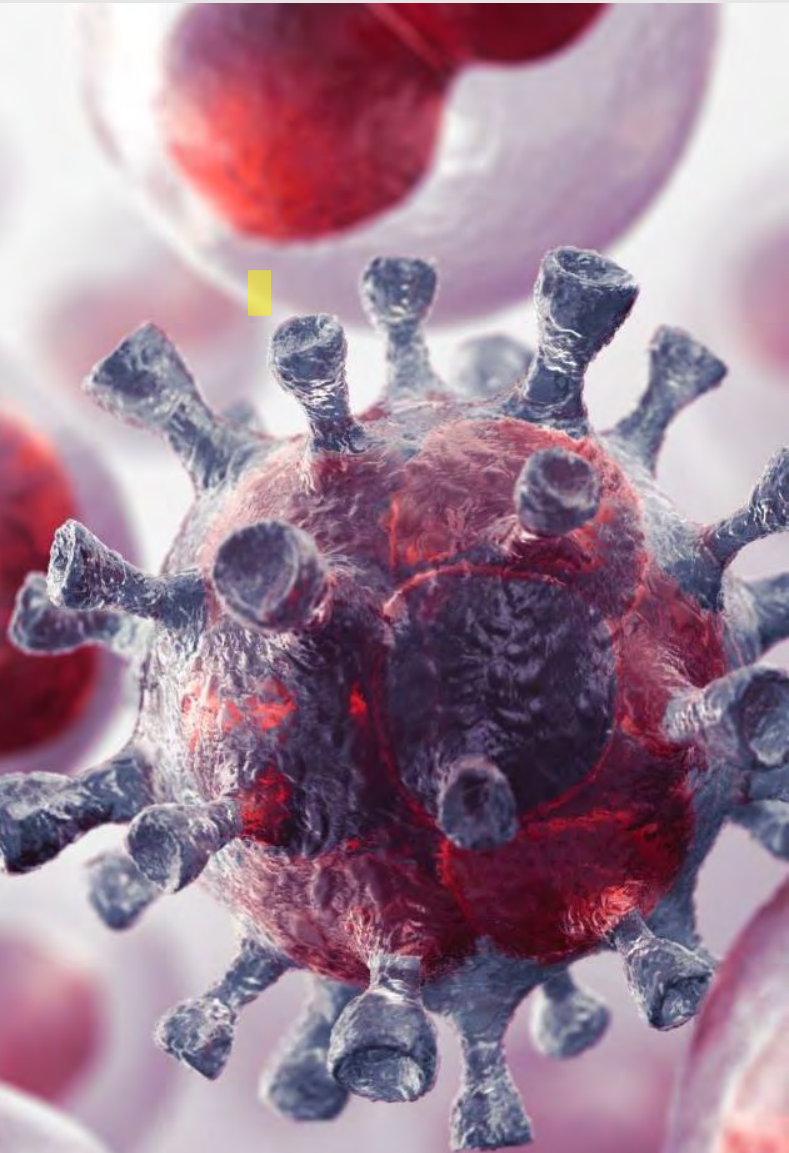
- Adverse events related to the use of immune checkpoint inhibitors are called immune-related adverse events (irAEs)
- irAEs are graded according to the Common Terminology Criteria for Adverse Events (CTCAE)
- irAEs are usually a result of overstimulating the immune system and are inflammatory in nature
- Most treatments for irAEs are geared toward suppressing the immune system
- irAEs can affect any organ system but GI, dermatologic, hepatic, endocrine and pulmonary toxicities predominate
- Majority of irAEs are mild to moderate
- Severity can be asymptomatic to life-threatening; prompt recognition is crucial
- Onset is variable; can occur after cessation of therapy



General Recommendations for Treatment of irAEs¹



amplat S. European Society for Medical Oncology (ESMO) Patient Guide Series.
g/content/download/124130/235260/1/1/ESMO-Patient-Guide-on-Immunotherapy-Side-Effects.pdf

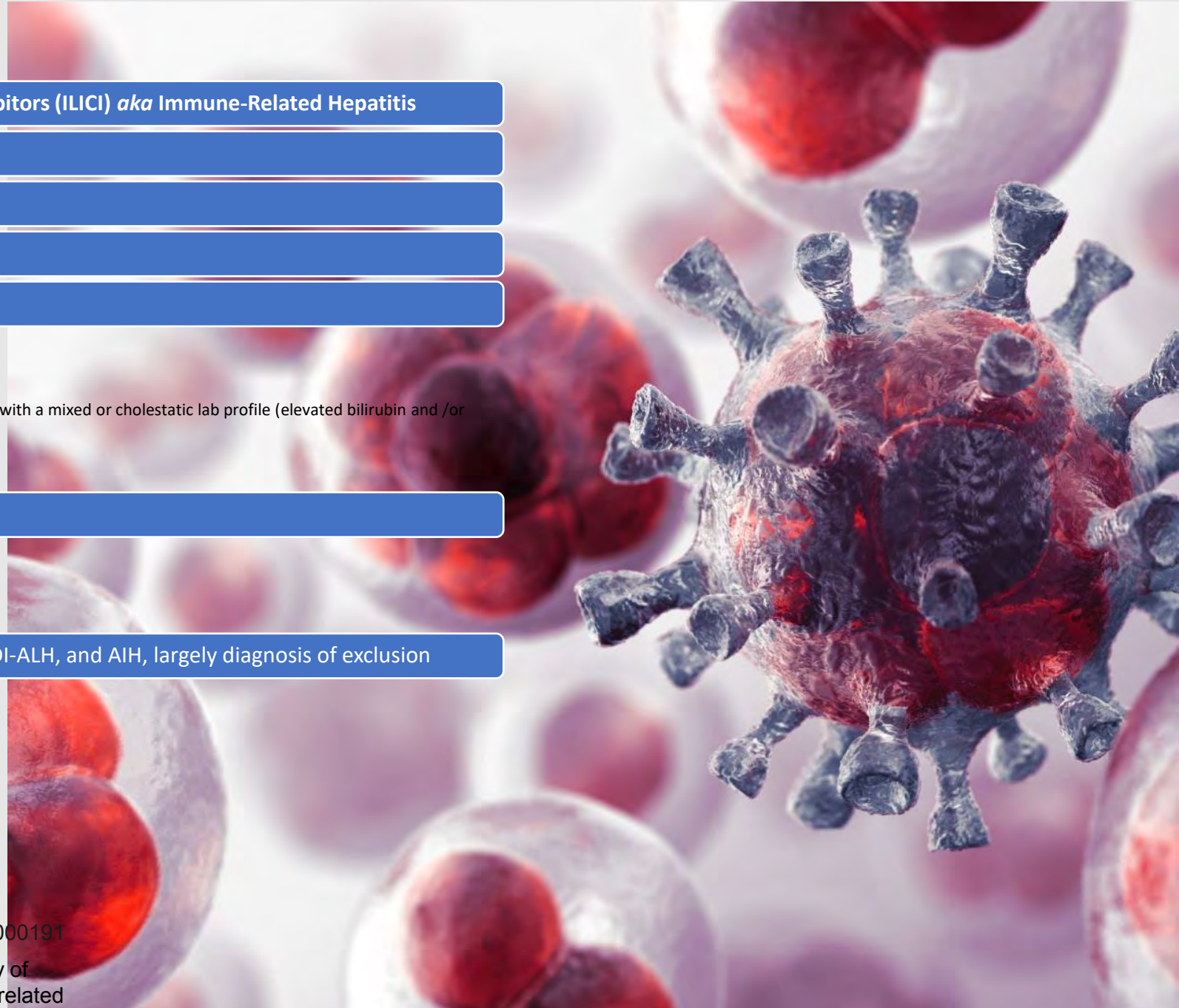


Immune-Mediated Liver Injury Caused by Immune Checkpoint Inhibitors (ILICI) *aka* Immune-Related Hepatitis

- A specific type of hepatic Immune-Related AE (irAE)
- Preceded and/or accompanied by other irAEs
- Incidence: 5-19% (Single ICI < Combination ICIs; higher in HCC)
- Clinical Features:
 - Onset 1-15 weeks after ICI
 - Usually asymptomatic, acute elevation ALT/AST
 - Rarely presents with frank liver failure
 - The laboratory profile is hepatocellular in 40%–50% of patients, while others present with a mixed or cholestatic lab profile (elevated bilirubin and /or Alk phosphatase).
 - Severe 2-3%, especially with CLDs, cirrhosis with HCC
 - Imaging: Hepatomegaly, periportal edema, lymphadenopathy (non-specific)
- Histology: Necroinflammation (panlobular vs. zone 3 >> zone 1)
 - Pathogenesis not well understood
 - Infiltrates: CD8>>CD4 T cells, plasma cells, eosinophils, MACs
 - Granulomas with CTLA-4 agents
 - Rare biliary injury: Acute cholangitis, VBDS (PD-1)
- Differential Diagnosis: Preexisting CLDs, viral hepatitis, ArLD, DILI, DI-ALH, and AIH, largely diagnosis of exclusion

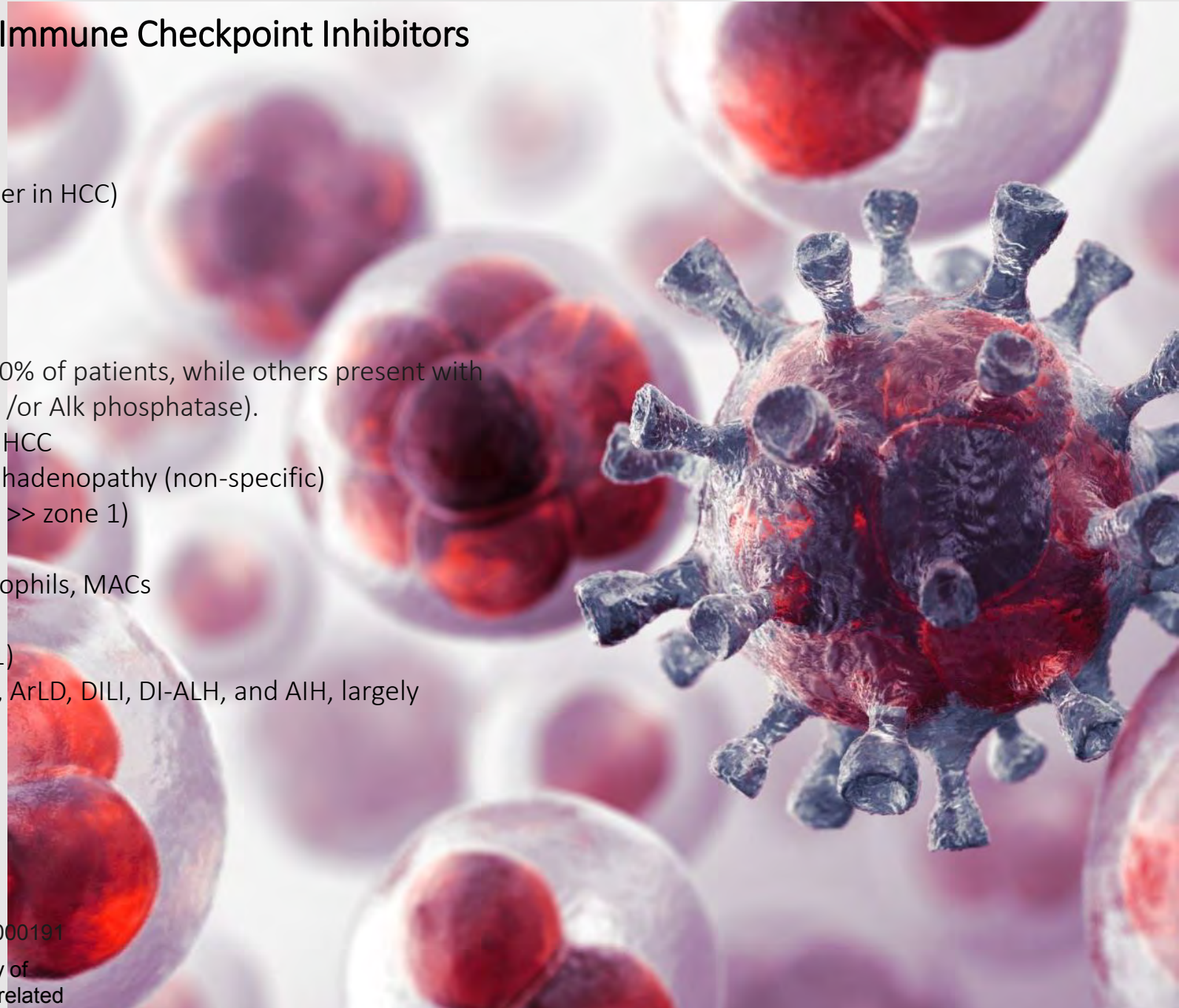
Swanson LA, Hawa F, Fontana RJ. Immune-mediated liver injury from checkpoint inhibitors: Best practices in 2024. *Clin Liver Dis (Hoboken)*. 2024;23(1):e0191. Published 2024 Jun 5. doi:10.1097/CLD.0000000000000191

Brahmer JR, Abu- Sbeih H, Ascierto PA, et al. Society for Immunotherapy of Cancer (SITC) clinical practice guideline on immune checkpoint inhibitor-related



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So why does this happen?

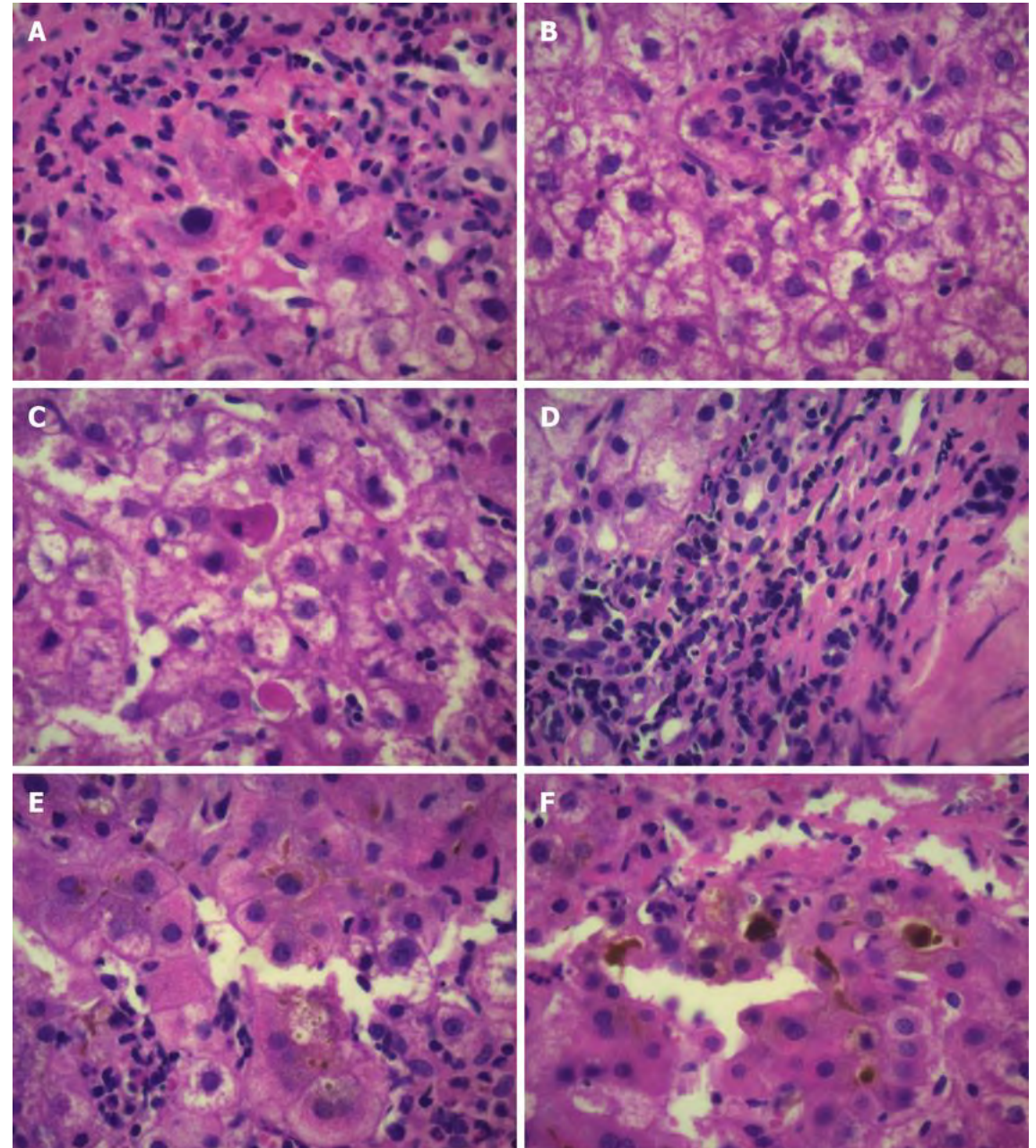
Epitope spreading is a phenomenon in which an immune response initially directed against a specific epitope (a small, recognizable part of an antigen) gradually expands to target other epitopes

Pathological changes of drug-induced liver injury -induced by atezolizumab used for treatment of hepatocellular carcinoma (H&E 40×). A: Portal inflammation and interfase hepatitis; B: Focal lobular necrosis; C: Frequent lobular acidophilic bodies; D: Ductal damage and migration of inflammatory cells into ductal epithelium; E: Hepatocyte rosettes as a result of liver regeneration; F: Hepatocanalicular cholestasis and biliary plugs.

Vanderlugt, CJ, Miller, SD. Epitope Spreading. Current Opinion in Immunology. 1996;8 (6) 831-836.

[https://doi.org/10.1016/S0952-7915\(96\)80012-4](https://doi.org/10.1016/S0952-7915(96)80012-4).

Bessone, Fernando & Bjornsson, Einar. (2022). Checkpoint inhibitor-induced hepatotoxicity: Role of liver biopsy and management approach. World Journal of Hepatology. 14. 1269-1276. 10.4254/wjh.v14.i7.1269.



DOI: 10.4254/wjh.v14.i7.1269 Copyright ©The Author(s) 2022.

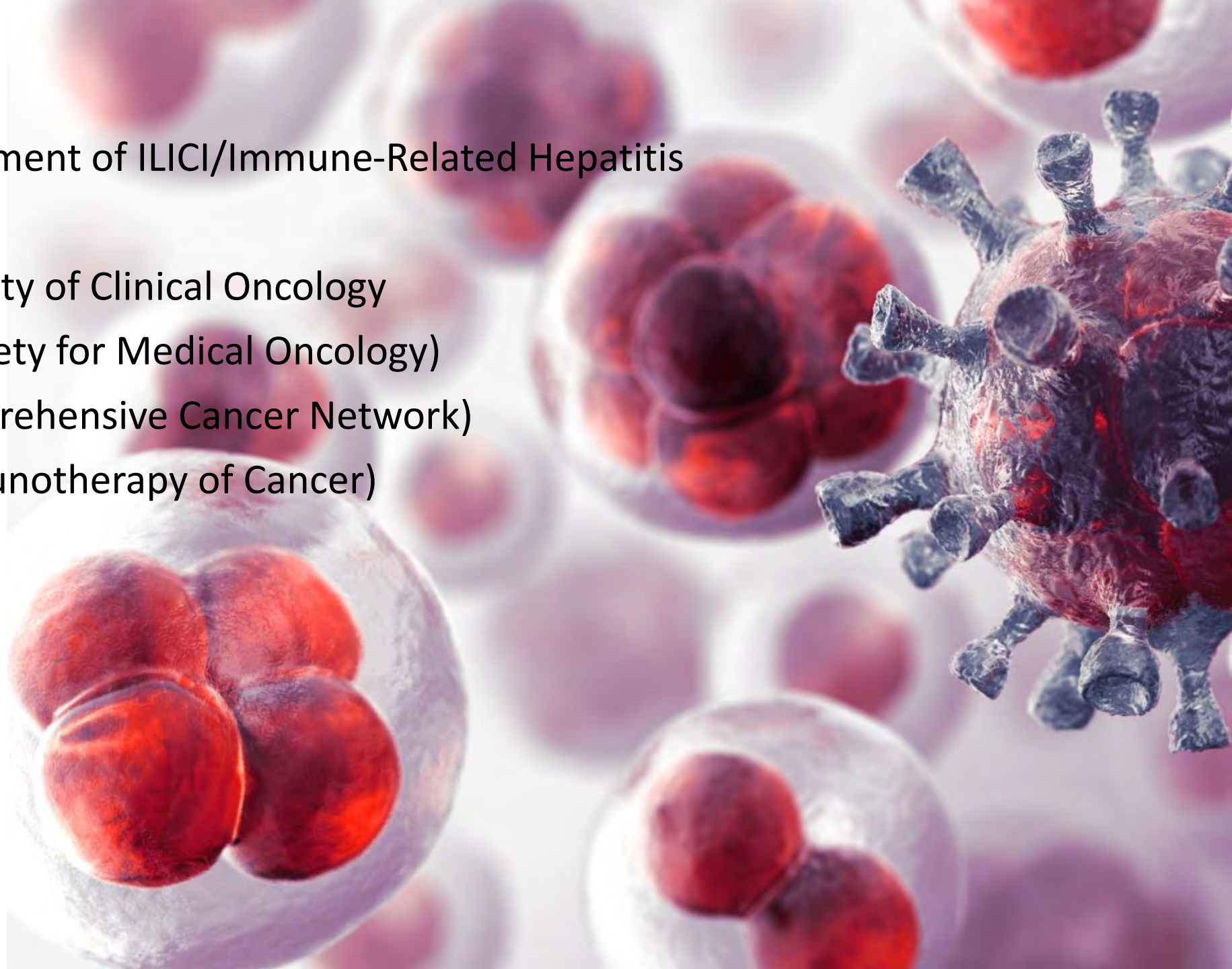
Comparison of the clinicopathologic features of hepatic injury due to ICIs, DILI, and AIH

Feature	ICIs	DILI	AIH
Autoimmune antibody	Absent	ANA, SMA, pANCA	ANA, Anti LKM1, SMA
Histology	PD-1/L1: Lobular, non-granulomatous hepatitis CTLA-4: Central vein endothelialitis, granulomatous hepatitis with fibrin ring deposits ²¹	Cholestasis and bile duct injury non-caseating granulomas, mild lobular and portal inflammation ⁵¹	Lymphoplasmacytic interface hepatitis, emperipolesis, and hepatocyte rosettes ⁵²
Type of immune cells	Eosinophilic infiltration and plasmacytosis less frequently with significantly fewer CD20 ⁺ or CD4 ⁺ lymphocytes	Prominent intra-acinar lymphocyte Prominent port neutrophils ⁵³	Prominent intra-acinar plasma cell and eosinophils ⁵³

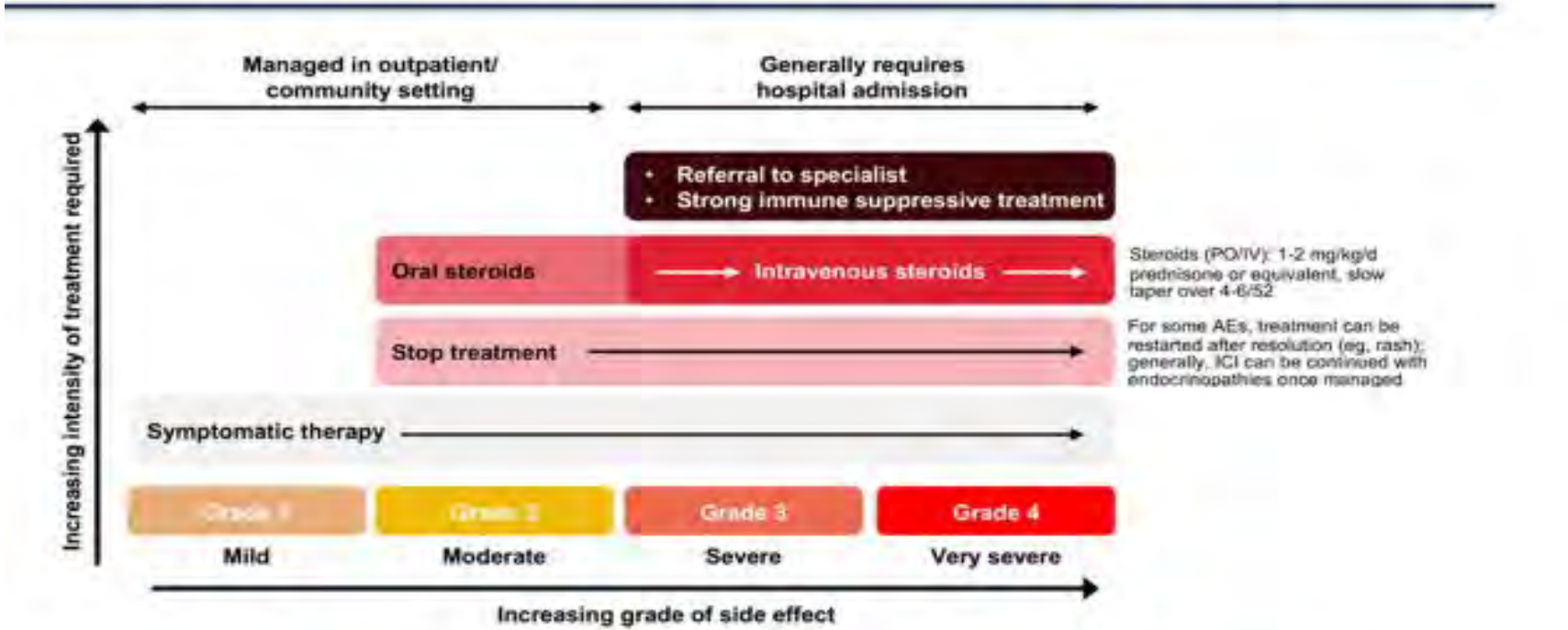
Abbreviations: ICI, Immune checkpoint inhibitors; DILI, Drug-induced liver injury; AIH, Autoimmune hepatitis; ANA, Antinuclear antibodies; SMA, Smooth muscle antibodies; pANCA, Perinuclear antineutrophil cytoplasmic antibodies; LKM1, Liver kidney microsomal type 1.

Guidelines for management of ILICI/Immune-Related Hepatitis

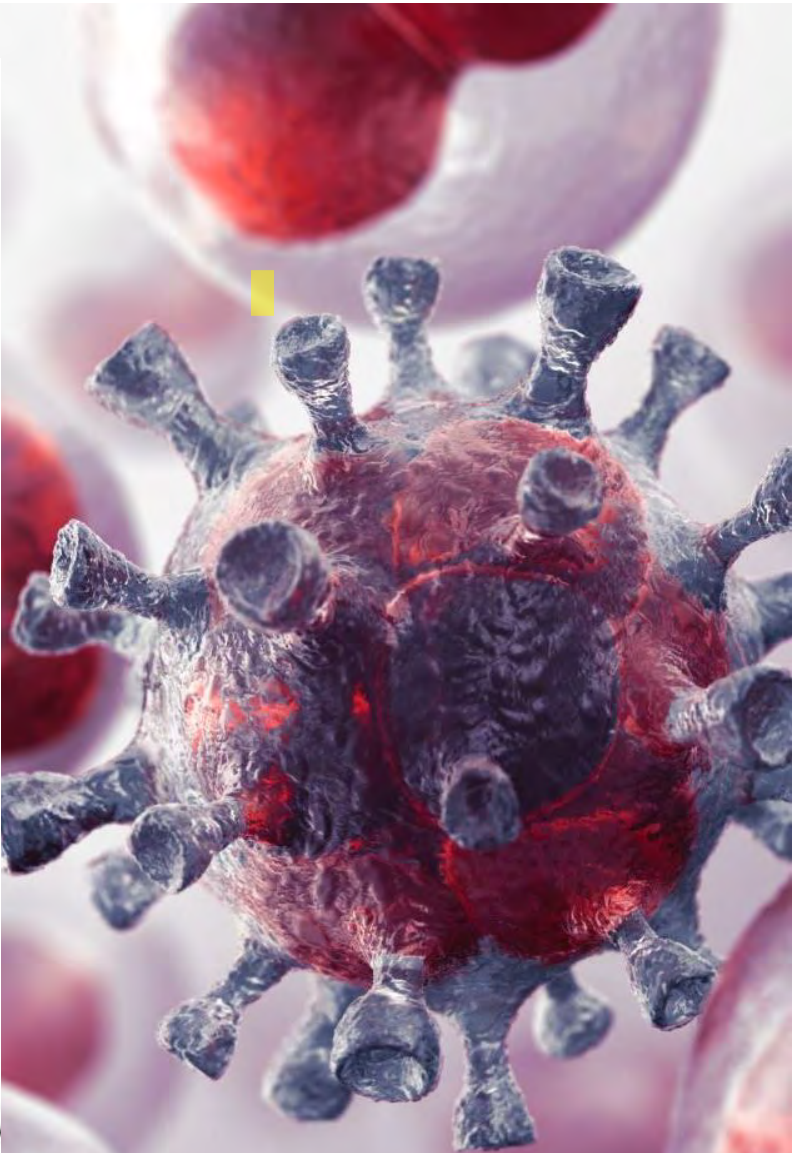
- ASCO (American Society of Clinical Oncology)
- ESMO (European Society for Medical Oncology)
- NCCN (National Comprehensive Cancer Network)
- SITC (Society for Immunotherapy of Cancer)



General Recommendations for Treatment of irAEs¹




amplat S. European Society for Medical Oncology (ESMO) Patient Guide Series.
g/content/download/124130/235260/1/1/ESMO-Patient-Guide-on-Immunotherapy-Side-Effects.pdf





3 weeks post cycle 1 Ipi/Nivo (pre-cycle 2 outpatient visit)

- Maculopapular rash and arthralgias
- AST 560 (10x ULN) and ALT 268 (5x ULN)  **Grade 3 elevation**
 - US liver: negative
 - Viral hepatitis screen: negative
- Started prednisone 1 mg/kg with slow taper for ICI-related hepatitis and dermatitis
- Cycle 2 placed on hold

2.0. Gastrointestinal Toxicities

Additional Considerations:

- May consider fecal microbiota transplant,^{4,5} JAK inhibitor tofacitinib⁶ or IL-12 blocking antibody ustekinumab⁷ in patients who are refractory to the previous immunosuppressants.
- Patients with both irAE-related hepatitis and irAE-related colitis are less common, and management may include permanently discontinuing ICPI and offering other immunosuppressant agents (e.g., prednisone and mycophenolate) that work systemically for both conditions. Infliximab is contraindicated for hepatic irAE.
- Currently, enteritis and/or gastritis alone as the cause of gastrointestinal toxicity is uncommon and endoscopy with biopsy is recommended as the evaluation tool. It may be managed similarly to colitis including steroid and/or biologics etc.

2.2. Hepatitis

Workup and Evaluation:

- Monitor patient for abnormal liver blood tests: AST, ALT, and bilirubin prior to each infusion and/or consider weekly if grade 1 LFT elevations. No treatment is recommended for grade 1 LFT abnormality.
- Review medications and supplements that may cause hepatotoxicity and rule out abnormal liver enzymes from development or progression of liver metastases.
- Liver biopsy should be considered if the patient is steroid refractory or if concern for other differential diagnoses that would alter medical management.

For grade ≥ 2 :

- Work up for other causes of elevated liver enzymes (e.g. viral hepatitis, alcohol history, iron studies, thromboembolic event, or potential liver metastasis from primary malignancy) by doing blood work and imaging (ultrasound and cross-sectional imaging). If suspicion for primary autoimmune hepatitis is high, can consider ANA/ASMA/ANCA. If patients with elevated ALKP alone, GGT should be tested. For isolated elevation of transaminases, consider checking CK for other etiologies.

Grading	Management
G1: Asymptomatic (AST or ALT $>ULN$ to $3.0 \times ULN$ and/or total bilirubin $>ULN$ to $1.5 \times ULN$)	<ul style="list-style-type: none"> • Continue ICPI with close monitoring; consider alternate etiologies. • Consider monitoring labs 1 to 2 times weekly. • Manage with supportive care for symptom control.
G2: Asymptomatic (AST or ALT >3.0 to $\leq 5 \times ULN$ and/or total bilirubin >1.5 to $\leq 3 \times ULN$)	<ul style="list-style-type: none"> • Hold ICPI temporarily. • Patients should be advised to stop unnecessary medications and any known hepatotoxic drugs. Temporarily hold other potentially hepatotoxic oncologic agents. • For grade 2 hepatic toxicity, may administer steroid (0.5-1mg/kg day prednisone) or equivalent if no improvement is seen after 3-5 days. • Increase frequency of monitoring to every 3 days. • If inadequate improvement after 3 days, consider adding mycophenolate mofetil. • May initiate steroid taper when symptoms improve to $\leq G1$ and may resume ICPI treatment when steroid $\leq 10\text{mg/d}$. Taper over at least 1 month. • Consider hepatology consult for G2 and above. • May resume if recover to $\leq G1$ on prednisone $\leq 10\text{mg/d}$.

2.0. Gastrointestinal Toxicities	
<p>G3: AST or ALT 5-20× ULN and/or total bilirubin 3-10× ULN, OR symptomatic liver dysfunction; fibrosis by biopsy; compensated cirrhosis; reactivation of chronic hepatitis</p>	<ul style="list-style-type: none"> Follow G2 recommendations as listed, with the following additions for G3: Consider permanently discontinuing ICPI if asymptomatic; permanently discontinue if symptomatic. Immediately start steroid 1-2 mg/kg methylprednisolone or equivalents. If steroid refractory, consider liver biopsy to rule out NASH, tumor, cholestatic variants, other drug-related hepatic inflammation, infection, or other autoimmune entity and consider adding azathioprine^B or mycophenolate^C if infectious cause is ruled out. Labs daily or every other day; consider inpatient monitoring for patients with AST/ALT > 8 × ULN and/or elevated total bilirubin 3 × > ULN. If no improvement is achieved with steroid or for patients on ICPI therapy combined with a novel agent, with standard chemotherapy, or with targeted therapy, refer to hepatologist for further pathologic evaluation of hepatitis. Steroid taper can be attempted around 4-6 weeks when ≤ G1, re-escalate if needed, optimal duration unclear. Consider transfer to tertiary care facility if necessary.
<p>G4: AST or ALT >20× ULN and/or total bilirubin >10× ULN OR decompensated liver function (e.g., ascites, coagulopathy, encephalopathy, coma)</p>	<ul style="list-style-type: none"> Follow G3 recommendations as listed, with the following additions for G4: Administer 2 mg/kg/d methylprednisolone equivalents.
<p>Additional considerations:</p> <ul style="list-style-type: none"> Infliximab is contraindicated for immune-related hepatitis. 	

^A High-risk endoscopic features include large deep ulceration, multiple ulcers, and extensive colitis beyond left colon.^{1,2}

^B Anecdotal experience suggests azathioprine may be beneficial in steroid-refractory immune-related hepatitis. If using azathioprine, should test for thiopurine methyltransferase (TPMT) deficiency.

^C A case study reports use of mycophenolate mofetil in steroid-refractory immune-related hepatitis with some success.⁸

Management of toxicities from immunotherapy: ESMO Clinical Practice Guideline for diagnosis, treatment and follow-up ☆

J. Haanen, M. Obeid, L. Spain, F. Carbone, Y. Wang, C. Robert, A.R. Lyon, W. Wick, M. Kostine, S. Peters, K. Jordan, J. Larkin

Annals of Oncology

Volume 33 Issue 12 Pages 1217-1238 (December 2022)

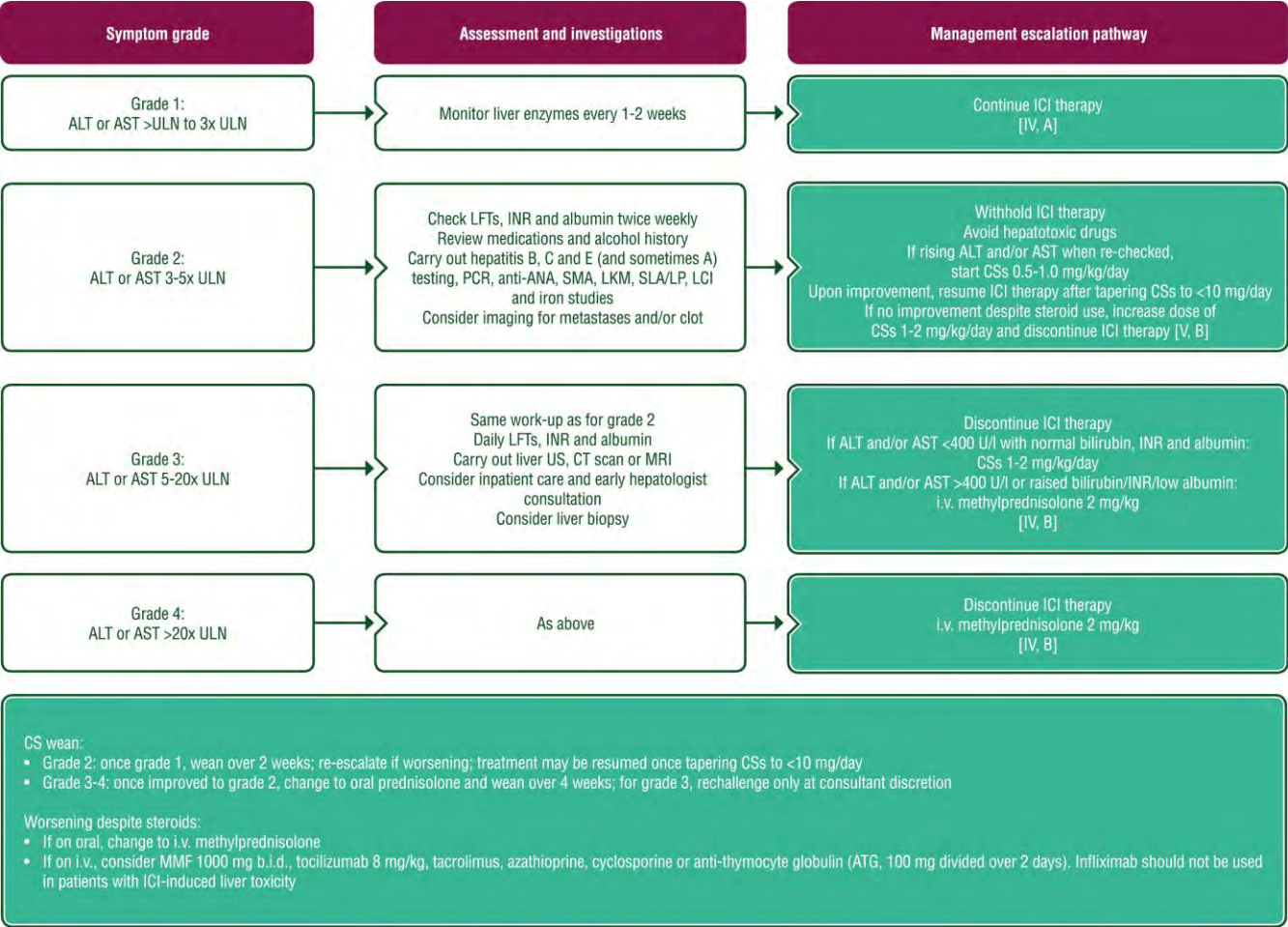
DOI: 10.1016/j.annonc.2022.10.001

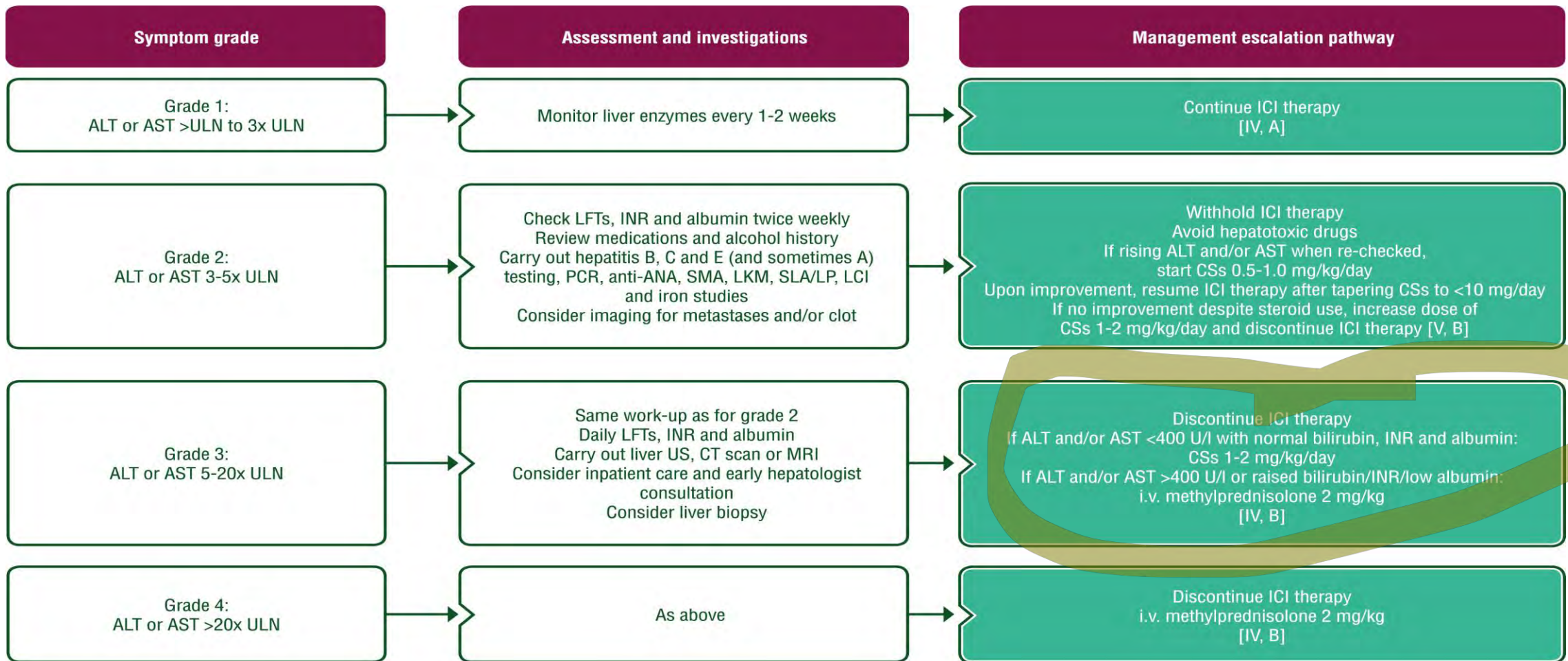
General guidance for immunosuppression

irAE management generally consists of four sequential steps: (i) diagnosis and grading of irAEs, (ii) ruling out differential diagnoses and pre-immunosuppression work-up, (iii) selecting the appropriate immunosuppression strategy for grade ≥ 2 events and (iv) active evaluation at 72 h to adapt treatment. See [Supplementary Table S2](#) and Section 1 of the [Supplementary Material](#), available at <https://doi.org/10.1016/j.annonc.2022.10.001>.

To minimise the occurrence of CS-induced AEs, the following general guidance is proposed²:

- The lowest effective CS dose should be prescribed for the shortest possible duration, which, in general will be several weeks for grade ≥ 3 irAEs, including tapering
- CS therapy tapering or discontinuation only on medical advice
- Lifestyle adaptations to minimise the risk of CS-induced AEs





CS wean:

- Grade 2: once grade 1, wean over 2 weeks; re-escalate if worsening; treatment may be resumed once tapering CSs to <10 mg/day
- Grade 3-4: once improved to grade 2, change to oral prednisolone and wean over 4 weeks; for grade 3, rechallenge only at consultant discretion

Worsening despite steroids:

- If on oral, change to i.v. methylprednisolone
- If on i.v., consider MMF 1000 mg b.i.d., tocilizumab 8 mg/kg, tacrolimus, azathioprine, cyclosporine or anti-thymocyte globulin (ATG, 100 mg divided over 2 days). Infliximab should not be used in patients with ICI-induced liver toxicity

PRINCIPLES OF ROUTINE MONITORING FOR IMMUNE CHECKPOINT INHIBITORS

Pre-Therapy Assessment ^a	Monitoring Frequency ^b	Evaluation for Abnormal Findings/Symptoms
Clinical <ul style="list-style-type: none"> Physical examination Patient and relevant family history of any autoimmune/organ-specific disease, endocrinopathy, or infectious disease (ID) Neurologic examination Bowel habits (typical frequency/consistency) ID screening (human immunodeficiency virus [HIV]; hepatitis A, B, C) as indicated 	Clinical examination at each visit with adverse event (AE) symptom assessment	Follow-up testing based on findings, symptoms
Imaging <ul style="list-style-type: none"> Cross-sectional imaging Brain MRI if indicated 	Periodic imaging as indicated	Follow-up testing as indicated based on imaging findings
General blood work <ul style="list-style-type: none"> Complete blood count (CBC) (with differential if indicated) Comprehensive metabolic panel (CMP) 	Repeat prior to each treatment or every 4 weeks during immunotherapy, then in 6–12 weeks or as indicated	HbA1c for elevated glucose
Dermatologic (ICI DERM-1) <ul style="list-style-type: none"> Examination of skin and mucosa if history of immune-related skin disorder 	Conduct/repeat as needed based on symptoms	Consider dermatology referral. Monitor affected skin and lesion type; photographic documentation. Skin biopsy if indicated.
Pancreatic (ICI ENDO-1) <ul style="list-style-type: none"> Baseline testing is not required 	No routine monitoring needed if asymptomatic	Amylase, lipase, and consider abdominal CT with contrast or MRCP for suspected pancreatitis
Thyroid (ICI ENDO-2) <ul style="list-style-type: none"> Thyroid-stimulating hormone (TSH), free thyroxine (FT4) 	Every 4–6 weeks during immunotherapy, then follow-up every 12 weeks as indicated	ICI ENDO-2 and ICI ENDO-3

^a Prior to initiating treatment, counsel patients and caregivers on the warning signs and symptoms of immune-related AEs (irAEs). See [Principles of Immunotherapy Patient Education \(IMMUNO-B\)](#). For guidance on general recommendations for vaccination in patients with cancer, see [NCCN Guidelines for the Prevention and Treatment of Cancer-Related Infections](#).

^b Closer monitoring may be required for patients with combination immunotherapy regimens. Refer to prescribing information for each individual immunotherapy agent for monitoring recommendations.

Note: All recommendations are category 2A unless otherwise indicated.

[Continued](#)

PRINCIPLES OF ROUTINE MONITORING FOR IMMUNE CHECKPOINT INHIBITORS

Pre-Therapy Assessment^a	Monitoring Frequency^b	Evaluation for Abnormal Findings/Symptoms
Pituitary/Adrenal (ICI_ENDO-4) <ul style="list-style-type: none"> Consider serum cortisol (morning preferred) and thyroid function as above 	Consider repeating every 4–6 weeks during immunotherapy (immuno-oncology [IO]-only regimens ^c), then follow-up every 12 weeks as indicated	Morning serum cortisol, adrenocorticotropic hormone (ACTH), TSH, FT4, luteinizing hormone (LH), follicle-stimulating hormone (FSH), testosterone, estradiol (premenopausal individuals), and cosyntropin stimulation test only as indicated
Pulmonary (ICI_PULM-1) <ul style="list-style-type: none"> Oxygen saturation (resting and with ambulation) Consider pulmonary function tests (PFTs) with diffusion capacity for patients who are high risk (eg, interstitial lung disease on imaging, chronic obstructive pulmonary disease [COPD], previous suspected treatment-related lung toxicity) In the absence of prior imaging, consider a chest x-ray 	Repeat oxygen saturation tests based on symptoms	Chest CT with contrast to evaluate for pneumonitis, biopsy, or bronchoscopy with bronchoalveolar lavage (BAL) if needed to exclude other causes
Cardiovascular (ICI_CARDIO-1) <ul style="list-style-type: none"> Consider baseline electrocardiogram (ECG) Consider high-sensitivity troponin and N-terminal prohormone B-type natriuretic peptide (NT-proBNP) Individualized assessment in consultation with cardiology as indicated 	Consider periodic testing for those with abnormal baseline or symptoms ^d	Individualized follow-up in consultation with cardiology as indicated
Musculoskeletal (ICI_MS-1) <ul style="list-style-type: none"> Joint examination/functional assessment as needed for patients with pre-existing disease 	No routine monitoring needed if asymptomatic	Consider rheumatology referral. Depending on clinical situation, consider C-reactive protein (CRP), erythrocyte sedimentation rate (ESR), or creatine kinase (CK)

^a Prior to initiating treatment, counsel patients and caregivers on the warning signs and symptoms of irAEs. See [Principles of Immunotherapy Patient Education \(IMMUNO-B\)](#). For guidance on general recommendations for vaccination in patients with cancer, see [NCCN Guidelines for the Prevention and Treatment of Cancer-Related Infections](#).

^b Closer monitoring may be required for patients with combination immunotherapy regimens. Refer to prescribing information for each individual immunotherapy agent for monitoring recommendations.

^c For regimens that require steroid premedication, routine surveillance is not recommended.

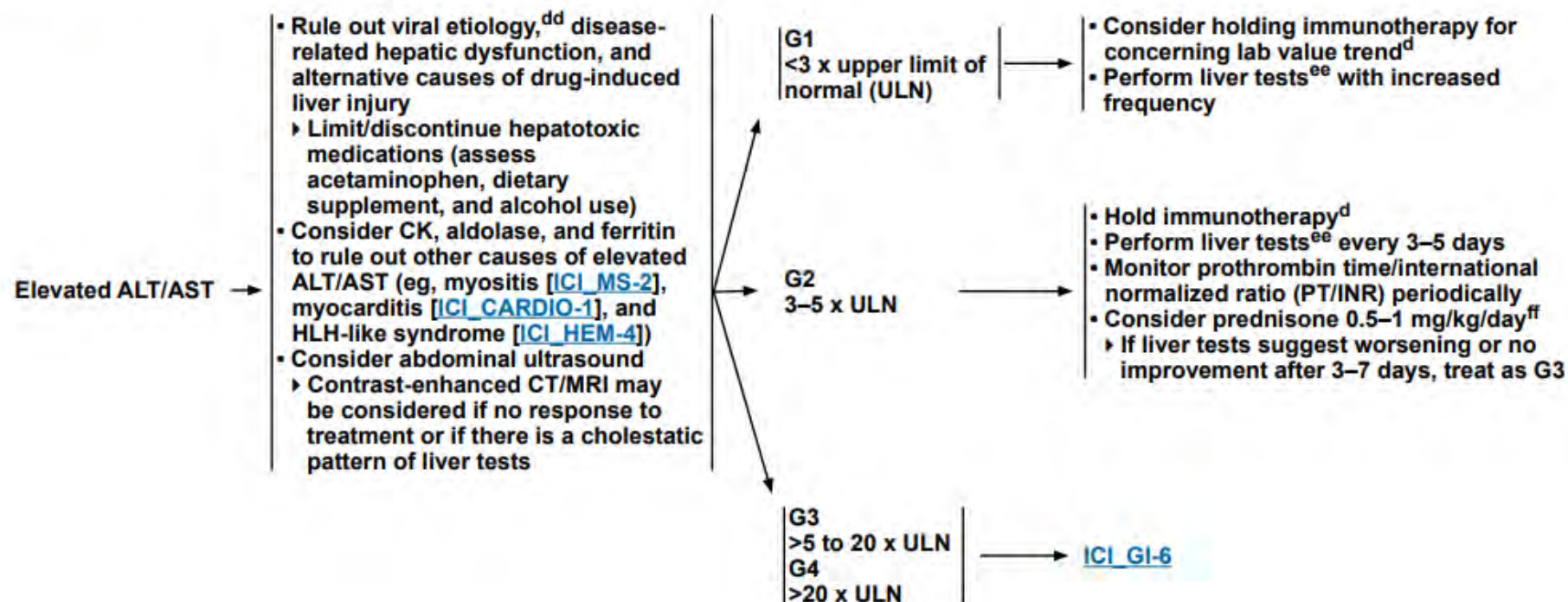
^d For individuals with a high-risk profile (eg, receiving immune checkpoint inhibitor [ICI] combination therapy regimens, including those with LAG-3), consider checking high-sensitivity troponin every cycle for the first 3 cycles (which corresponds with the median time to onset of myocarditis), and then every 3 months.

Note: All recommendations are category 2A unless otherwise indicated.

HEPATOBIILIARY
ADVERSE EVENT(S)

ASSESSMENT/GRADING^{bb,cc}

MANAGEMENT^o



^d [Principles of Immunotherapy Rechallenge \(IMMUNO-C\)](#).

^o [Principles of Immunosuppression \(IMMUNO-A\)](#).

^{bb} Consider initiating steroids while waiting for results in cases of G4 ALT/AST elevations.

^{cc} Hyperbilirubinemia of hepatic origin is generally of conjugated predominance (or conjugated hyperbilirubinemia).

^{dd} Consider testing for viral infections based on liver test pattern, viral risk factors, and clinical presentation including hepatitis B surface antigen (HBsAg).

^{ee} ALT, AST, alkaline phosphatase, bilirubin (total and direct), and albumin.

^{ff} When liver tests show sustained improvement or return to ≤ G1, initiate steroid tapering and continue to taper over at least 1 month with frequent follow-up to guide taper duration. Re-escalate as needed.

Note: All recommendations are category 2A unless otherwise indicated.

**HEPATOBIILIARY
ADVERSE EVENT(S)**

ASSESSMENT/GRADING^{bb,cc}

MANAGEMENT^{o,gg}

- Elevated ALT/AST
 - G3
 >5 to 20 x ULN
 - G4
 >20 x ULN
- Concomitant elevated bilirubin (>2 mg/dL) increases risk of hepatic failure (unless known Gilbert syndrome)

- See Assessment on [ICI_GI-5](#)
- Recommend GI/hepatology evaluation

G3

G4



General
(G3 or G4)

- Hold immunotherapy^d
 - Initiate prednisone/IV methylprednisolone 1 mg/kg/day^{ff}
 - If no improvement after 1–2 days, consider adding mycophenolate mofetil or other steroid-sparing immunosuppressive therapy^{hh,ii,jj}
 - Urgent GI/hepatology referral if no improvement after 7 days of treatment or if 2 immunosuppressive agents do not yield adequate response within an additional 7 days
 - Consider inpatient care, particularly if synthetic hepatic dysfunction is observed
 - Perform liver tests^{ee} every 1–5 days depending on magnitude and rate of change
-
- Discontinue immunotherapy^d
 - Initiate prednisone/IV methylprednisolone 1 mg/kg/day^{ff,kk}
 - If no improvement after 1–2 days, consider adding mycophenolate mofetil or other steroid-sparing immunosuppressive therapy^{hh,ii,jj}
 - Urgent GI/hepatology referral if no improvement after 7 days of treatment or if 2 immunosuppressive agents do not yield adequate response within an additional 7 days
 - Inpatient care, particularly if synthetic hepatic dysfunction is observed
 - Perform liver tests^{ee} every 1–3 days
-
- Monitor PT/INR periodically
 - Consider diagnostic parenchymal liver biopsy if no contraindications
 - Reserve for atypical (cholestatic) clinical/biochemical presentation or when there is no response to standard therapy

Note: All recommendations are category 2A unless otherwise indicated.

[Footnotes on ICI_GI-6A](#)

Society for Immunotherapy of Cancer (SITC) clinical practice guideline on immune checkpoint inhibitor-related adverse events

Julie R Brahmer,¹ Hamzah Abu-Sbeih,² Paolo Antonio Ascierto ,³ Jill Brufsky,⁴ Laura C Cappelli,⁵ Frank B Cortazar,^{6,7} David E Gerber,⁸ Lamy Hamad,⁹ Eric Hansen,¹⁰ Douglas B Johnson,¹¹ Mario E Lacouture,¹² Gregory A Masters,¹³ Jarushka Naidoo,^{1,14} Michele Nanni,¹⁰ Miguel-Angel Perales,¹² Igor Puzanov,¹⁰ Bianca D Santomasso,¹⁵ Satish P Shanbhag,^{5,16} Rajeev Sharma,¹⁰ Dimitra Skondra,¹⁷ Jeffrey A Sosman,¹⁸ Michelle Turner,¹ Marc S Ernstoff ,¹⁹

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Accepted 24 March 2021

ABSTRACT

Immune checkpoint inhibitors (ICIs) are the standard of care for the treatment of several cancers. While these immunotherapies have improved patient outcomes in many clinical settings, they bring accompanying risks of toxicity, specifically immune-related adverse events (irAEs). There is a need for clear, effective guidelines for the management of irAEs during ICI treatment, motivating the Society for Immunotherapy of Cancer (SITC) to convene an expert panel to develop a clinical practice guideline. The panel discussed the recognition and management of single and combination ICI irAEs and ultimately developed evidence- and consensus-based recommendations to assist medical professionals in clinical decision-making and to improve outcomes for patients.

a wide variety of cancer types. A study of ICI usage estimated that in 2018, 44% of patients with metastatic solid or hematological tumors in the US were eligible for treatment with ICIs.² ICIs are also a focus of active drug development, and a number of ongoing trials are evaluating novel antibodies or testing approved ICIs in combination with other treatment modalities including chemotherapies or targeted agents. The use of ICIs as adjuvant therapy has been approved for high-risk melanoma and esophageal and gastro-esophageal junction (GEJ) cancers, and studies of peri-operative checkpoint blockade (including in the neoadjuvant setting) are

ICI **Hepatitis** Management Algorithm

Grade (CTCA E v5.0)	Management						
1	Continue ICI therapy Monitor for worsening symptoms						
2	Temporarily withhold ICI therapy Prednisone 0.5–1 mg/kg/day (or equivalent)	If symptoms resolve to grade ≤1	Taper corticosteroids over a period of 4–6 weeks	If liver toxicity recurs after steroid taper	Mycophenolate mofetil (1–2 g divided two times per day) may be given* Other agents that could be considered include tacrolimus and ATG	If ALT or AST results do not improve to grade ≤1 within 10–14 days of administration of mycophenolate mofetil	Liver biopsy should be considered Rule out CMV infection by PCR, if available
		If ALT or AST results do not improve to grade ≤1 within 10–14 days of corticosteroid initiation	Mycophenolate mofetil (1–2 g divided two times per day) may be given* Other agents that could be considered include tacrolimus and ATG	If ALT or AST results do not improve to grade ≤1 within 10–14 days of administration of mycophenolate mofetil	Liver biopsy should be considered Rule out CMV infection by PCR, if available		
3 and 4	Temporarily withhold ICI therapy Methylprednisolone 1–2 mg/kg/day (or equivalent)	If symptoms resolve to grade ≤1	Taper corticosteroids over a period of 4–6 weeks	If liver toxicity recurs after steroid taper	Mycophenolate mofetil (1–2 g divided two times per day) may be given* Other agents that could be considered include tacrolimus and ATG	If ALT or AST results do not improve to grade ≤1 within 10–14 days of administration of mycophenolate mofetil	Liver biopsy should be considered Rule out CMV infection by PCR, if available
		If ALT or AST results do not improve to grade ≤1 within 10–14 days of corticosteroid initiation	Mycophenolate mofetil (1–2 g divided two times per day) may be given* Other agents that could be considered include tacrolimus and ATG	If ALT or AST results do not improve to grade ≤1 within 10–14 days of administration of mycophenolate mofetil	Liver biopsy should be considered Rule out CMV infection by PCR, if available		



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History

Guidelines for grade 3 Immune-related Hepatitis

	ASCO	ESMO	NCCN	SITC
Treatment	Hold CPI	Discontinue CPI	Hold CPI	Hold CPI
Steroids	IV methylprednisolone	IV methylprednisolone IF AST and/or ALT >400 U/L	Oral or IV	Oral or IV
2 nd line Immunosuppression	“When steroid refractory”	“Worsening despite steroids”	“If no improvement after 1-2 days”	“If AST or ALT do not improve to < or = grade 1 after 10-14 days”

Corticosteroids for Immune-Related Adverse Events and Checkpoint Inhibitor Efficacy: Analysis of Six Clinical Trials

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ABSTRACT


PURPOSE Retrospective studies suggest that immunosuppressive treatment of immune-related adverse events (irAEs) impairs survival in patients with melanoma who received immune checkpoint inhibitors. Here, we study this association across tumor types using data from six international phase II/III registrational trials.

METHODS A post hoc analysis was performed on individual patient data from the anti-programmed cell death-1 (anti-PD-1) + anti-cytotoxic T lymphocyte-associated protein-4 (anti-CTLA-4) treatment arms of six clinical trials (CheckMate-067, -142, -214, -648, -743, and -9LA). Among patients who received systemic immunosuppression for treatment-related adverse events (trAEs), associations of peak and cumulative corticosteroid dose, and use of second-line immunosuppression with overall survival (OS) and progression-free survival (PFS) were assessed using multilevel Cox regression with adjustment for age and sex.

RESULTS Of the 1,959 patients who received anti-PD-1 + anti-CTLA-4 therapy, 834 patients who were treated with immunosuppression for trAEs were included. Eight hundred and thirty-two patients (100%) received corticosteroids and 81 patients (10%) received second-line immunosuppressants. High corticosteroid peak dose was associated with worse PFS: adjusted hazard ratio (HR_{adj}), 1.15 (95% CI, 1.02 to 1.29) for 1 versus 0.5 mg/kg prednisolone and HR_{adj}, 1.43 (95% CI, 1.05 to 1.96) for 2 versus 0.5 mg/kg. Similar effects were observed for OS: HR_{adj}, 1.21 (95% CI, 1.06 to 1.39) and HR_{adj}, 1.66 (95% CI, 1.17 to 2.37) for 1 and 2 versus 0.5 mg/kg, respectively. Cumulative corticosteroid dose was not associated with survival. HR_{adj} of use of second-line immunosuppression was 1.23 (95% CI, 0.90 to 1.68) for PFS and 1.25 (95% CI, 0.88 to 1.77) for OS.

CONCLUSION Higher corticosteroid peak dose for trAEs is associated with worse survival across tumor types, while cumulative dose is not. Too few patients received second-line immunosuppressants to confirm or reject an association with survival. These data argue for a reconsideration of irAE management approaches, starting with lower corticosteroid dose whenever feasible.

ACCOMPANYING CONTENT

 Data Supplement

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