

LATE COMPLICATIONS OF ALLOGENEIC TRANSPLANT: CHRONIC GRAFT VS. HOST DISEASE

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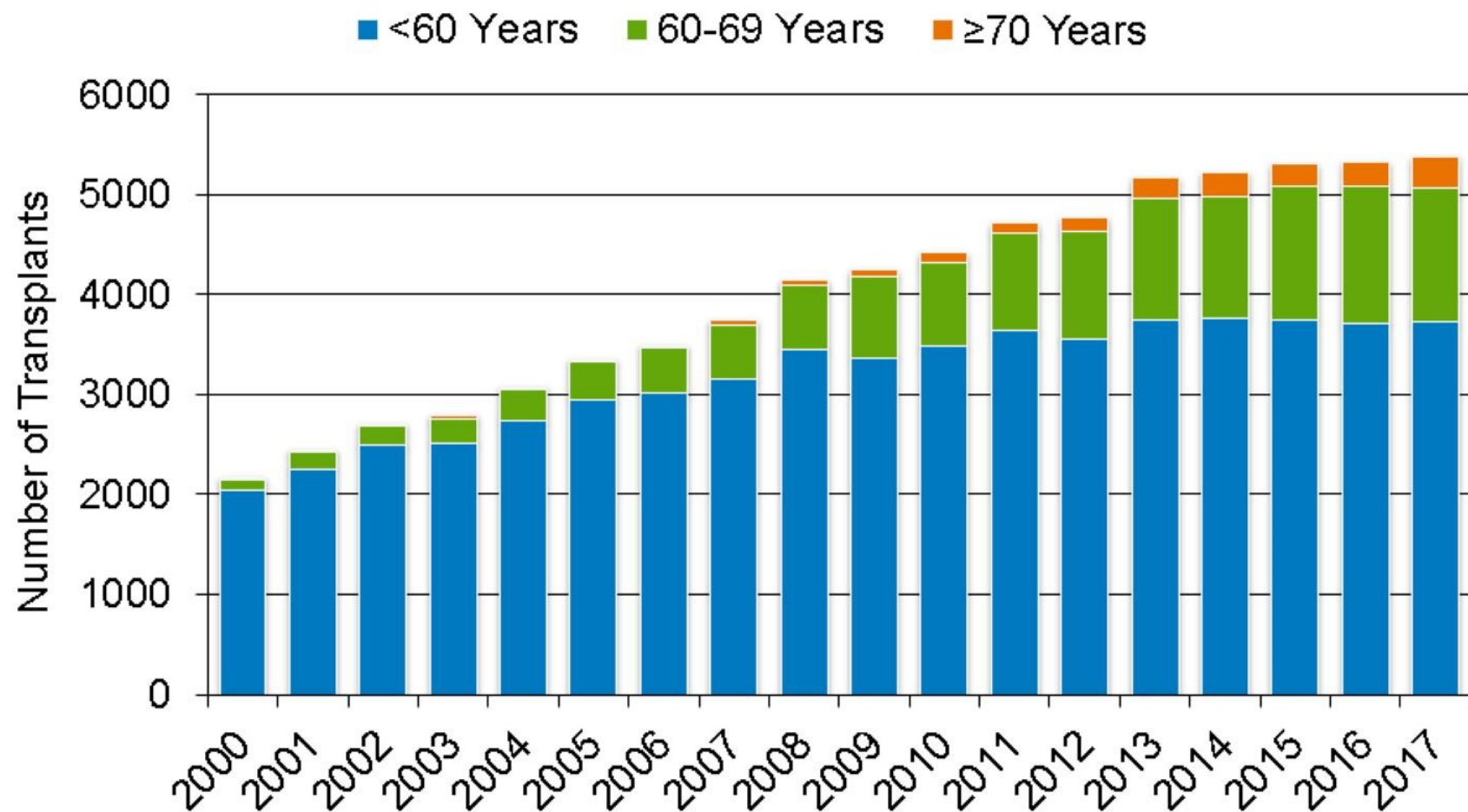
FLASCO 2019 Great Strides Together

May 17, 2019

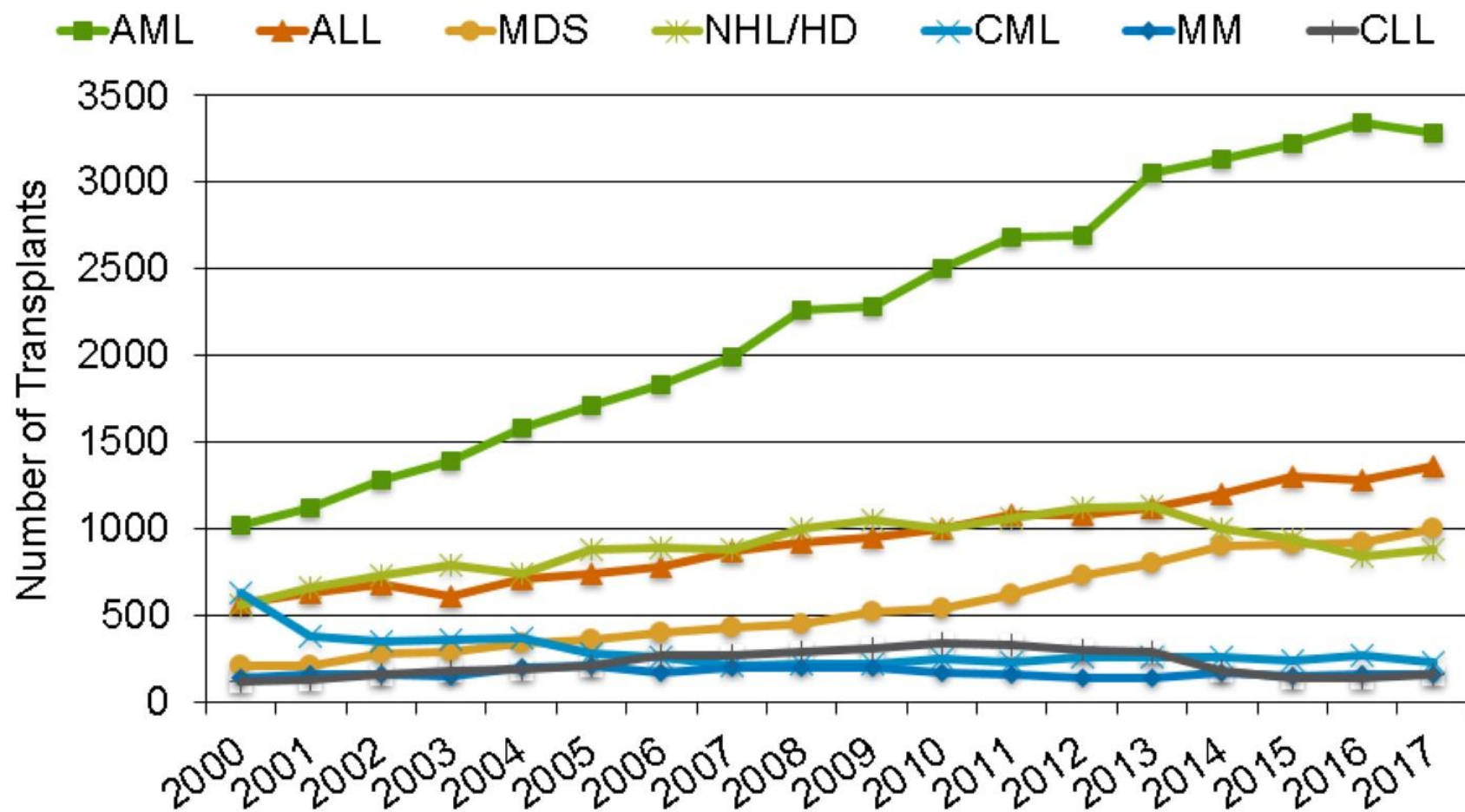
OPTIMIZING SUCCESS AFTER TRANSPLANT

- **Understanding the problem at hand**
- **Identification and grading of chronic GVHD**
- **Therapy for chronic GVHD**

Trends in Allogeneic HCT in the US by Recipient Age[^]

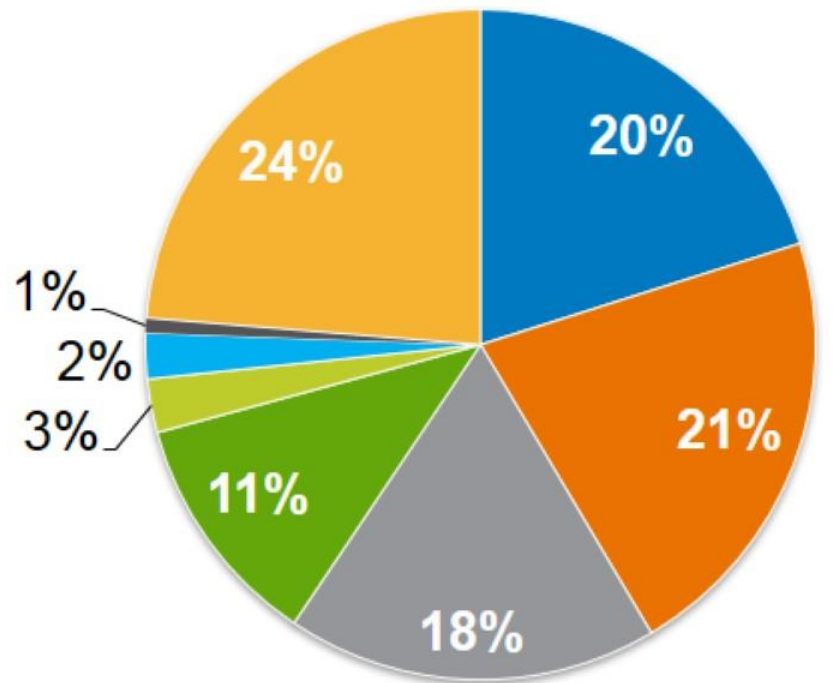


Selected Disease Trends for Allogeneic HCT in the US



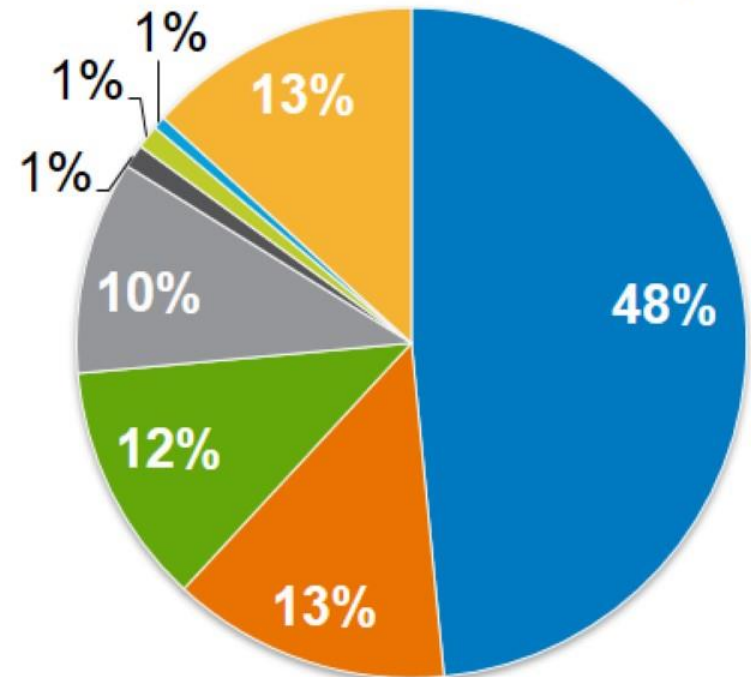
Causes of Death after Unrelated Donor HCT done in 2015-2016

Died within 100 days post-transplant



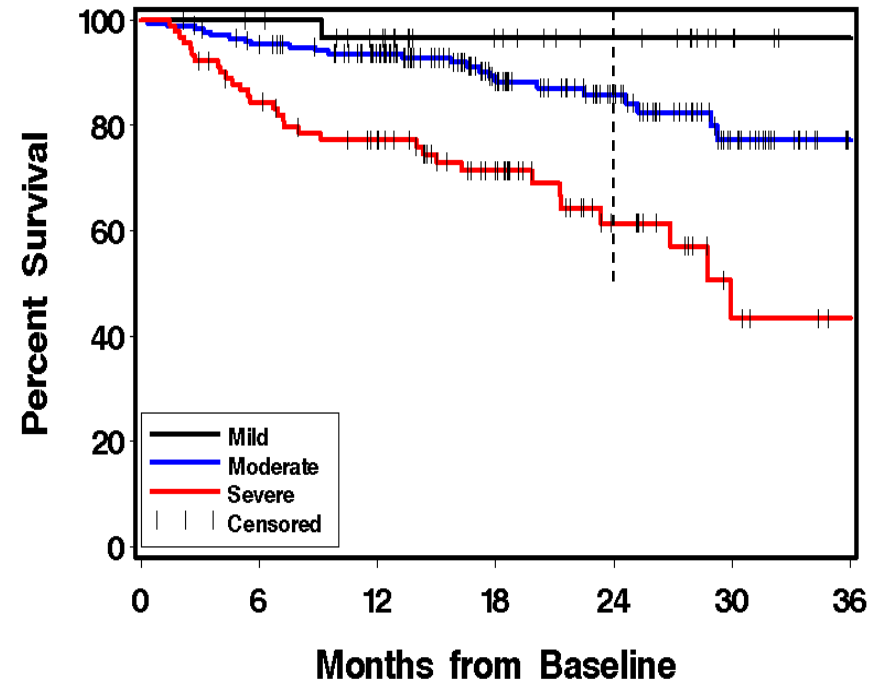
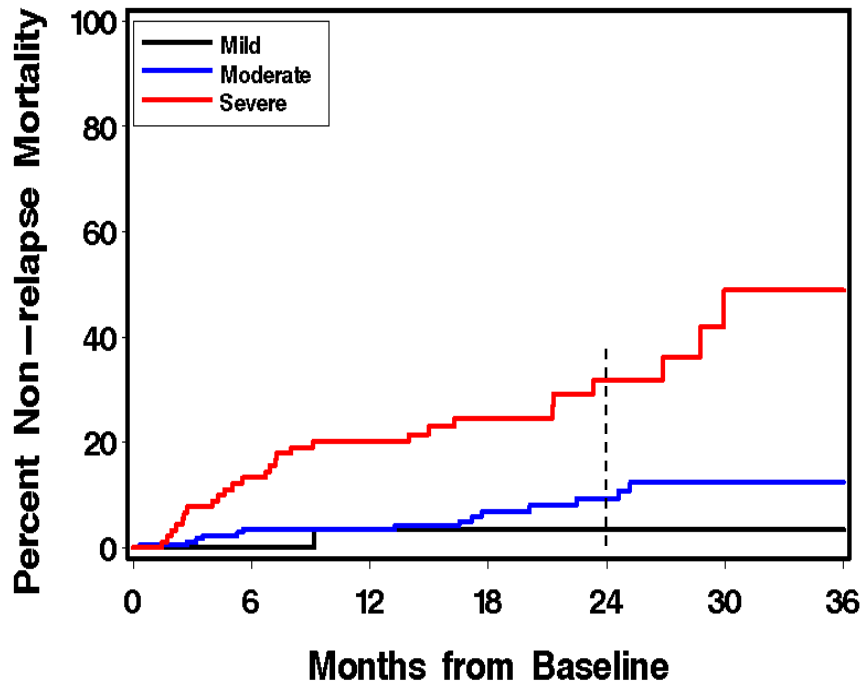
- Primary Disease
- Infection
- Organ Failure
- GVHD
- Hemorrhage
- Graft Rejection
- Second Malignancy
- Other

Died at or beyond 100 days post-transplant*



- Primary Disease
- Infection
- Organ Failure
- GVHD
- Hemorrhage
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- Second Malignancy
- Other

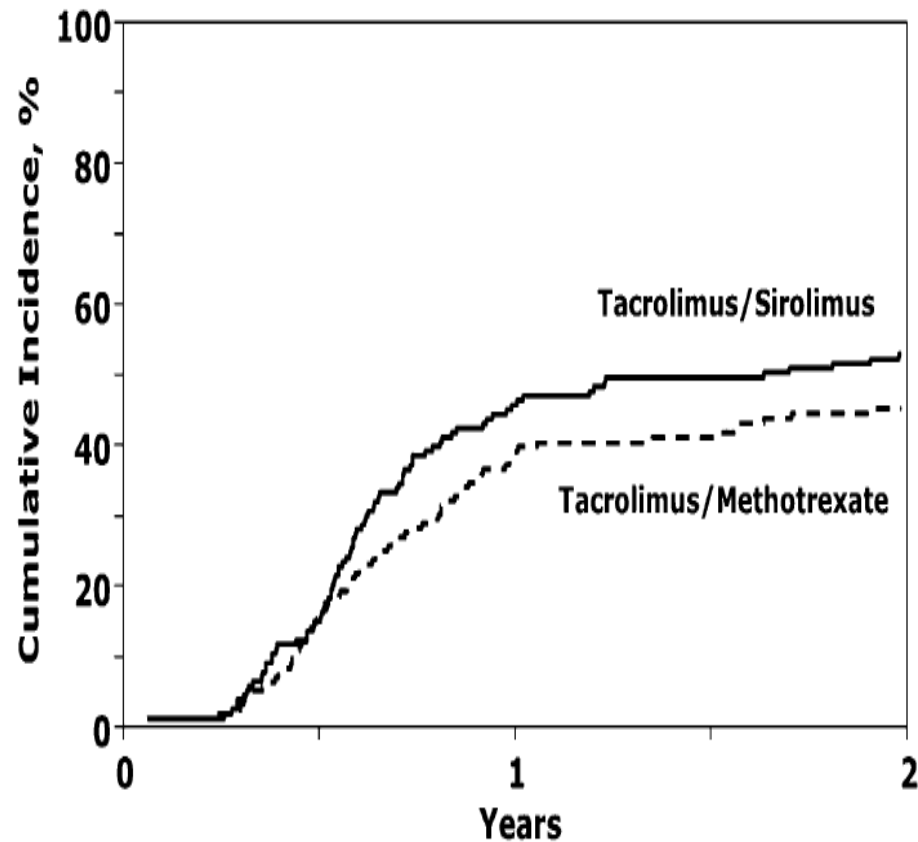
Chronic GVHD causes late HCT mortality



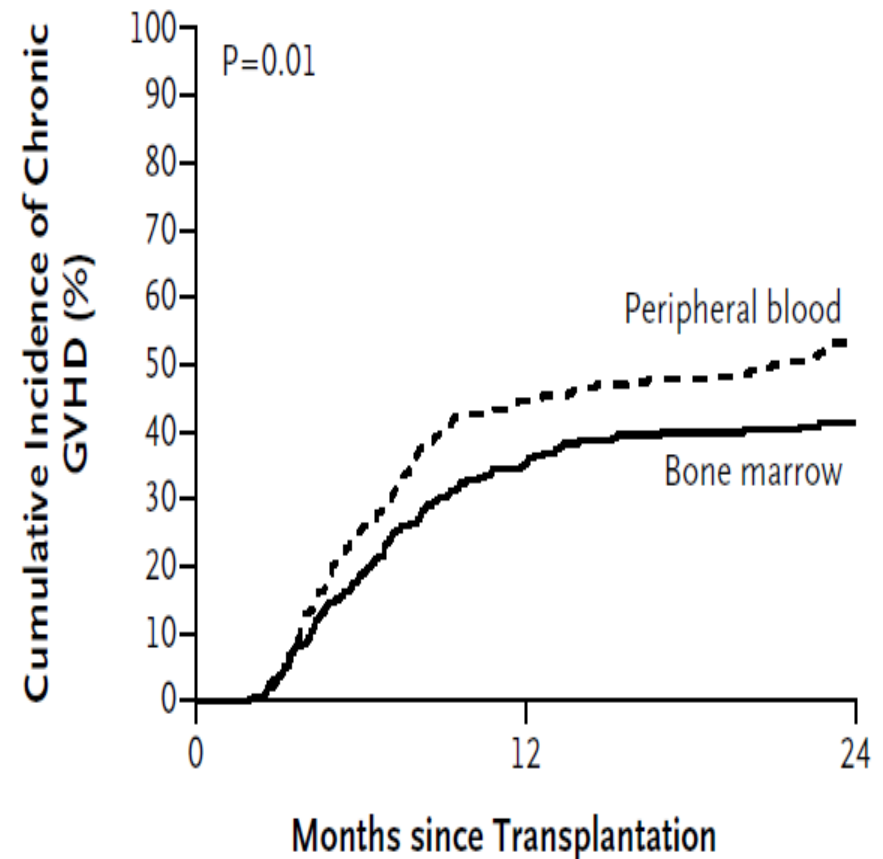
	NRM	OS
severe	32%	62%
moderate	9%	86%
mild	3%	97%

Chronic GVHD remains major obstacle to HCT success

BMT CTN 0402



BMT CTN 0201



OPTIMIZING SUCCESS AFTER TRANSPLANT

- **Understanding the problem at hand**
 - Long term transplant specific issue
 - Impacts many transplanted patients
 - Major cause of death after transplant
- **Identification and grading of chronic GVHD**

Chronic GVHD Diagnosis

- Major proposed changes in diagnosis, classification, and severity grading following 2005 **NIH** Consensus Conference
- Distinction of acute and chronic
- Definitions of classic vs. overlap chronic
- Individual organ severity grading, summarized in global composite score of mild, moderate, severe

Table 2. Categories of acute and chronic graft-versus-host disease (GVHD). Reprinted from Filipovich et al.⁷

Category	Time of symptoms after HCT or DLI	Presence of acute GVHD features	Presence of chronic GVHD features
Acute GVHD			
Classic acute	≤ 100 days	Yes	No
Persistent, recurrent or late-onset acute	> 100 days	Yes	No
Chronic GVHD			
Classic chronic	No time limit	No	Yes
Overlap syndrome	No time limit	Yes	Yes

Mild	<ul style="list-style-type: none">• 1 or 2 organs or sites (except lung) with score 1
Moderate	<ul style="list-style-type: none">• 3 or more organs with score 1• At least 1 organ or site with score 2• Lung score of 1
Severe	<ul style="list-style-type: none">• At least 1 organ or site with score 3• Lung score 2

Diagnostic Manifestations

SKIN

- Poikiloderma
- Lichen-planus
- Sclerosis
- Morphea
- Lichen sclerosis

MOUTH/EYES

- Lichen-planus
- Dry eyes

GI

- Esophageal web, stricture
- Liver abnormalities

JOINTS

- Fasciitis
- Contractures or joint stiffness

LUNG

- Bronchiolitis obliterans

GENITAL

- Lichen planus
- Lichen sclerosis
- Vaginal scarring
- (male – phimosis, or urethral/meatus stenosis)

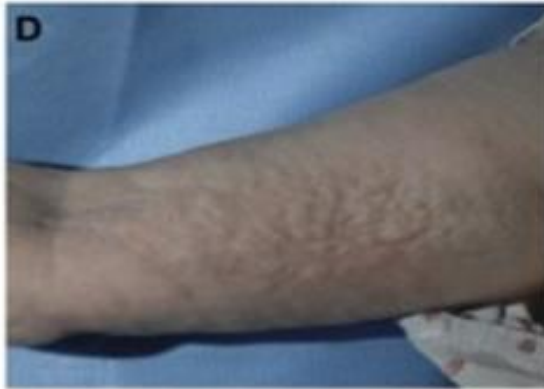
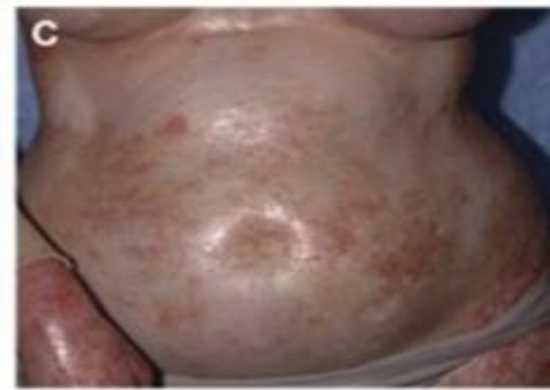


Poikiloderma: Atrophy and pigmentary changes



Lichen sclerosis: discrete to coalescent gray to white moveable papules or plaques, with shiny appearance and leathery consistency

Lichen planus: Erythematous/violaceous flat-topped papules or plaques with or without surface reticulation or silvery/shiny appearance on direct light



Cutaneous sclerosis: thickened or tight skin, ranges from superficial sclerosis (thickened skin) to deep sclerosis (hidebound) -> at most severe, limited mobility, Ulceration, and poor wound healing

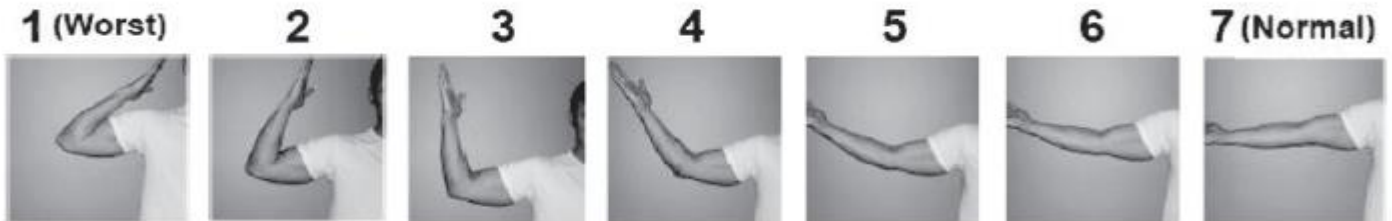
Morphea: localized, patchy area of moveable skin with leathery-like consistency, often with dyspigmentation

P-ROM

Shoulder



Elbow



Wrist/finger



Ankle



NIH Mouth Score

	SCORE 0	SCORE 1	SCORE 2	SCORE 3
MOUTH <i>Lichen planus-like features present:</i> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> <i>Abnormality present but explained entirely by non-GVHD documented cause (specify):</i>	<input type="checkbox"/> No symptoms	<input type="checkbox"/> Mild symptoms with disease signs but not limiting oral intake significantly	<input type="checkbox"/> Moderate symptoms with disease signs with partial limitation of oral intake	<input type="checkbox"/> Severe symptoms with disease signs on examination with major limitation of oral intake



Lichen planus-like changes: white lines and lacy-appearing lesions on the buccal mucosa, tongue, palate, or lips



Hyperkeratotic plaques: leukoplakia



Sclerosis: decreased oral range of motion

NIH GI tract score

SCORE 0

SCORE 1

SCORE 2

SCORE 3

GI Tract

Check all that apply:

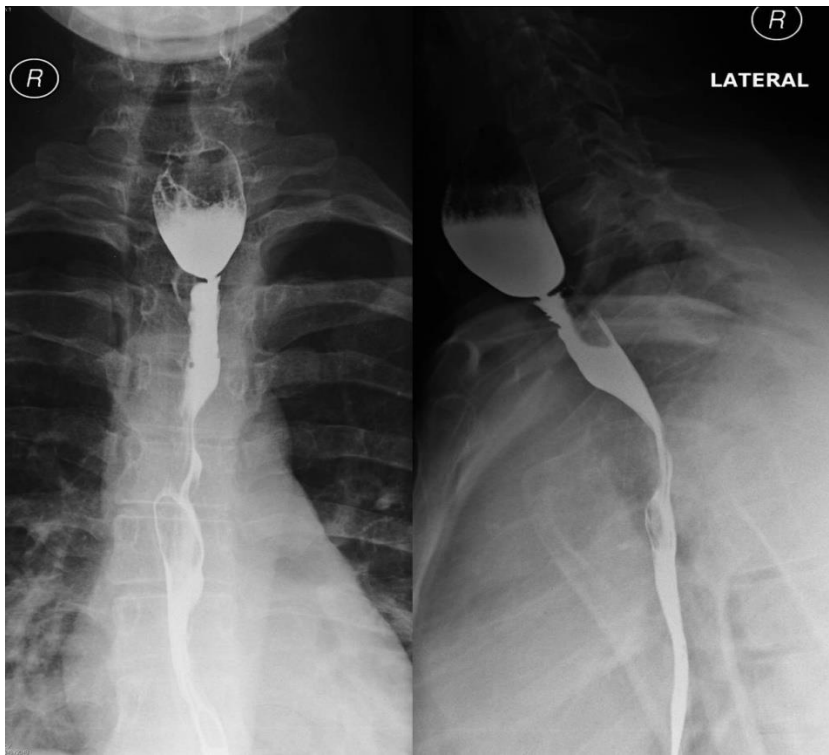
- ☐ Esophageal web/proximal stricture or ring
- ☐ Dysphagia
- ☐ Anorexia
- ☐ Nausea
- ☐ Vomiting
- ☐ Diarrhea
- ☐ Weight loss $\geq 5\%$ *
- ☐ Failure to thrive
- ☐ Abnormality present but explained entirely by non-GVHD documented cause (specify): _____

☐ No symptoms

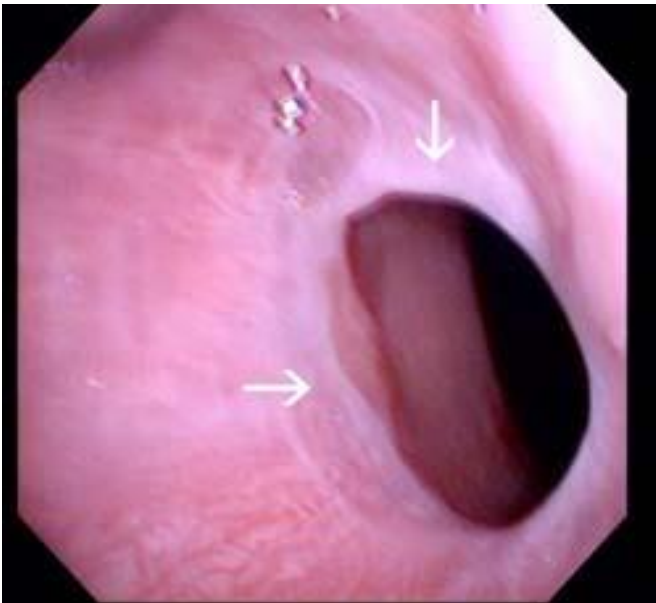
☐ Symptoms without significant weight loss* ($<5\%$)

☐ Symptoms associated with mild to moderate weight loss* (5-15%) **OR** moderate diarrhea without significant interference with daily living

☐ Symptoms associated with significant weight loss* $>15\%$, requires nutritional supplement for most calorie needs **OR** esophageal dilation **OR** severe diarrhea with significant interference with daily living



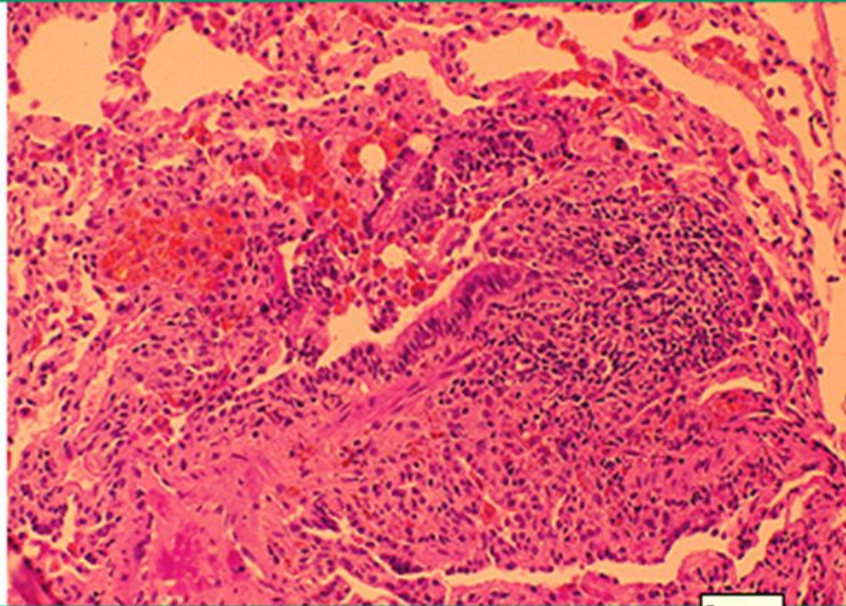
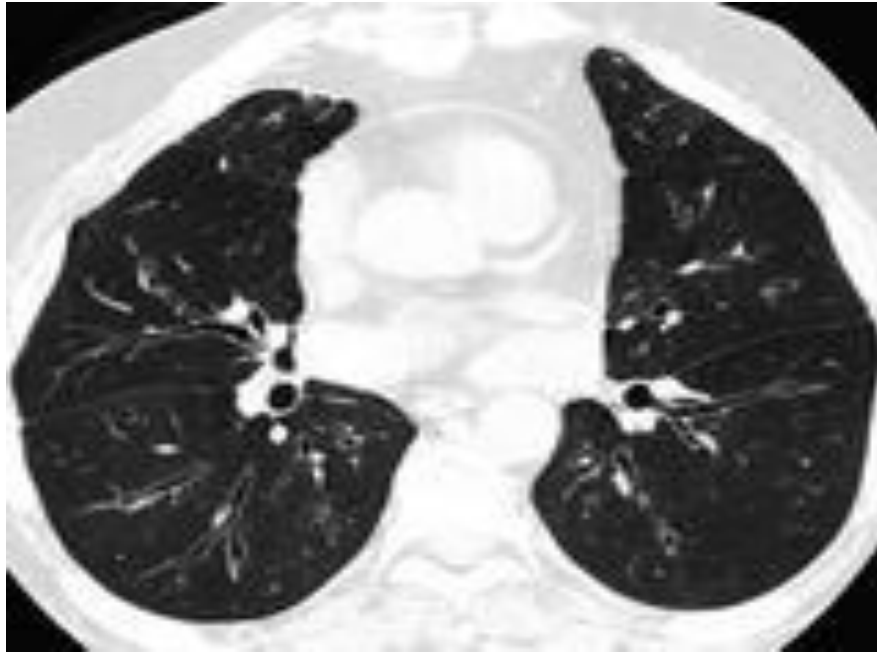
Esophageal web: Barium swallow and endoscopic visualization demonstrate esophageal narrowing due to web



NIH Liver score

	SCORE 0	SCORE 1	SCORE 2	SCORE 3
LIVER	<input type="checkbox"/> Normal total bilirubin and ALT or AP < 3 x ULN	<input type="checkbox"/> Normal total bilirubin with ALT ≥ 3 to 5 x ULN or AP ≥ 3 x ULN	<input type="checkbox"/> Elevated total bilirubin but ≤ 3 mg/dL or ALT > 5 ULN	<input type="checkbox"/> Elevated total bilirubin > 3 mg/dL
<input type="checkbox"/> Abnormality present but explained entirely by non-GVHD documented cause (specify):				

Bronchiolitis Obliterans Syndrome (BOS)

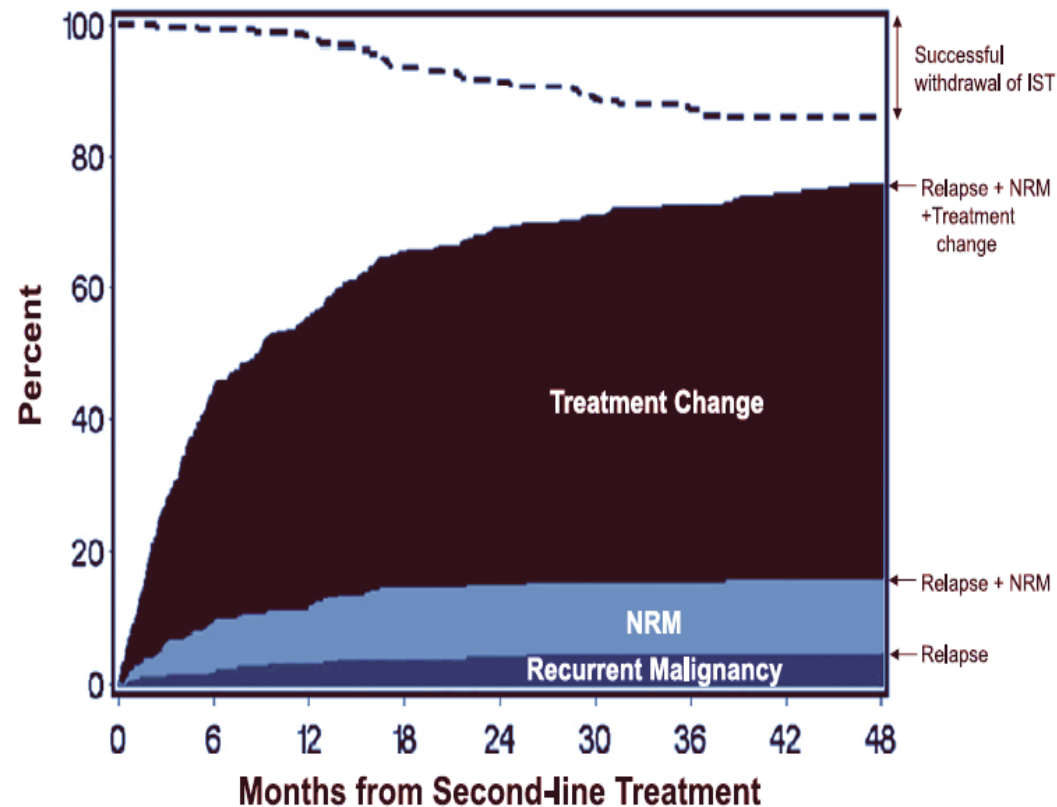


OPTIMIZING SUCCESS AFTER TRANSPLANT

- Understanding the problem at hand
- **Identification and grading of chronic GVHD**
 - Can occur any time but usually 100 days after HCT
 - Any organ can get impacted: skin most common
 - Significant impact on morbidity
- **Therapy for chronic GVHD**

Chronic GVHD: Secondary treatment

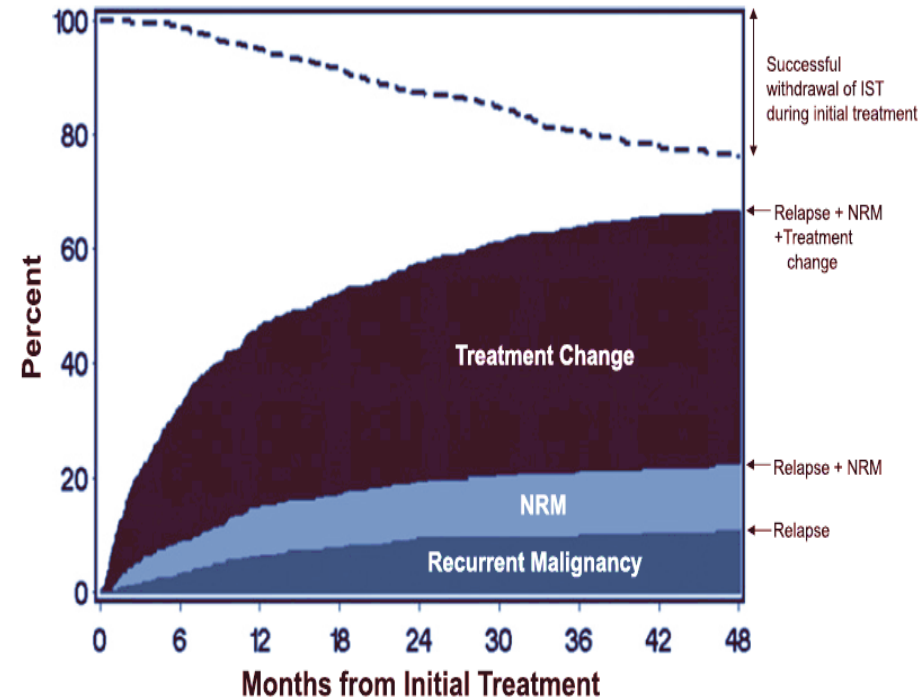
- Second-line therapy
 - Many IS agents used
 - Frequent failure, multiple lines of therapy
- Many novel agents being evaluated
- Recent FDA approved treatment option available



Relapse	3%	4%	4%	5%	5%	5%	5%	5%
NRM	7%	9%	11%	11%	11%	11%	11%	11%
Treatment change	34%	43%	50%	53%	55%	57%	58%	59%
FFS	56%	45%	35%	31%	29%	28%	26%	25%
Withdrawal of IST	1%	2%	6%	8%	11%	13%	14%	15%

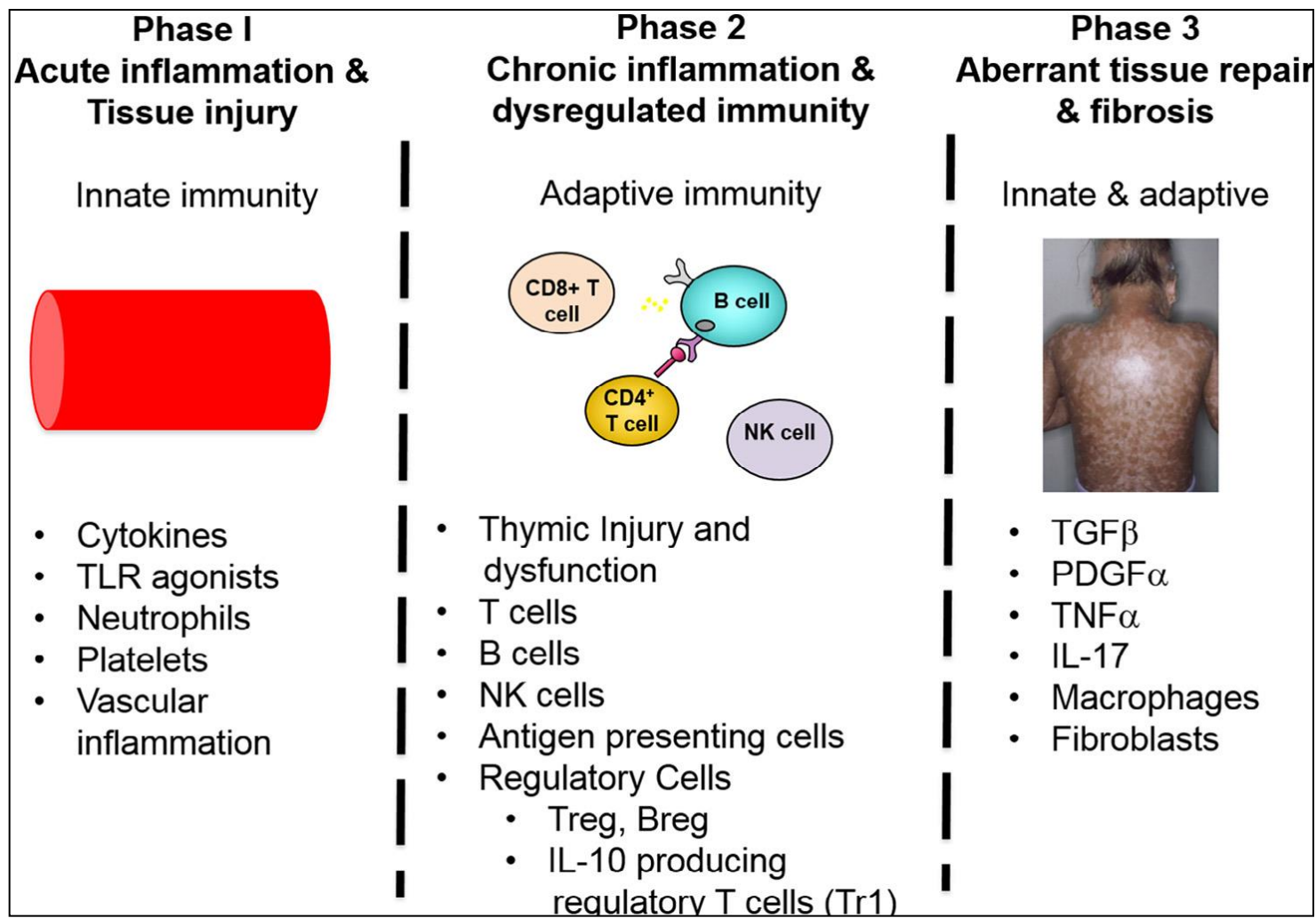
Chronic GVHD: Primary treatment

- Standard first-line treatment
 - 1mg/kg/day prednisone
 - CN1 – spare steroid exposure
- Expected outcome
 - ORR 6-9 months ~ 60%
 - CR 6-9 months ~ 30%



Relapse	4%	7%	8%	10%	10%	11%	11%	11%
NRM	6%	9%	9%	10%	11%	11%	11%	12%
Treatment change	23%	30%	34%	37%	40%	42%	43%	44%
FFS	68%	54%	48%	43%	39%	36%	35%	34%
Withdrawal of IST	1%	5%	9%	13%	15%	20%	22%	23%

Novel agents for chronic GVHD



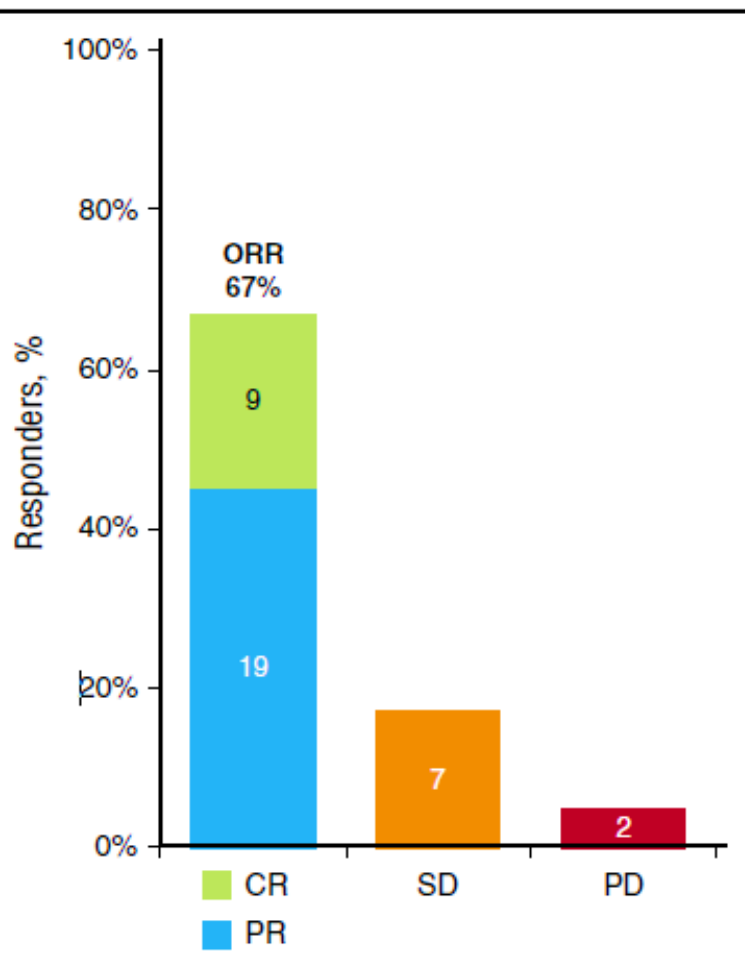
Novel agents for chronic GVHD

<i>Drug</i>	<i>Mechanism</i>	<i>Target</i>
Baricitinib	JAK1/2 inhibitor	T-cell signaling
Carfilzomib	Proteasome inhibitor	T-cell signaling
Ixazomib	Proteasome inhibitor	T-cell signaling
KD025	ROCK2 inhibitor	T-cell signaling
Abatacept	CTLA4-Ig fusion protein	T-cell costimulatory pathway
Ponesimod	S1P1 receptor modulator	T-cell homing
Brentuximab	CD30 antibody-drug conjugate	T-cell responses
Ibrutinib	BTK/ITK inhibitor	B cells
Ofatumumab	Anti-CD20 antibody	B cells
Fostamatinib	Syk inhibitor	B cells
Entospletinib	Syk inhibitor	B cells
Dose escalated IL-2	Induction of T-regs	T-regs
IL-2+T-regs	Induction of T-regs	T-regs and Cellular therapies
Autologous MSCs	Suppressive population	Cellular therapies
Dendritic cells	Suppressive population	Cellular therapies
AZD9668	Neutrophil elastase inhibitor	Non-lymphocyte target
Vismodegib	Hedgehog inhibitor	Non-lymphocyte target
LDE225	Hedgehog inhibitor	Non-lymphocyte target
Pomalidomide	Multiple	Non-lymphocyte target

IBRUTINIB FOR CHRONIC GVHD

- **Multiple targets in GVHD inducing pathways**
 - ✓ Inhibition of Bruton tyrosine kinase in B cells
 - ✓ Interleukin-2 inducible T cells kinase in T cells
- **Multicenter open label study, N=42**
- **Steroid dependent or refractory cGVHD**

Durable Response with Ibrutinib



No. of responders		Sustained response rate n (%)
Sustained response of ≥ 20 wk	28	20 (71)

No. of responders with organ involvement at baseline			Best ORR, n (%)
Organ			
Skin	24		21 (88)
Mouth	24		21 (88)
Gastrointestinal	11		10 (91)

No. of patients with ≥ 2 involved organs at baseline among responders			Best ORR, n (%)
Organs showing response			
≥ 2 organs	25		20 (80)

Adverse event (N = 42)	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Fatigue	5 (12)	14 (33)	5 (12)	0	0
Diarrhea	7 (17)	4 (10)	4 (10)	0	0
Muscle spasms	8 (19)	3 (7)	1 (2)	0	0
Nausea	8 (19)	3 (7)	0	0	0
Bruising	6 (14)	4 (10)	0	0	0

Scenario 1

- **39 Y.O. Caucasian Male**
- Disease: AML t (8,21) (q22, q22), relapsed
- DOT: 2015
- Type of transplant: allogeneic matched unrelated
- Donor 43 y.o. M, ABO compatible
- Match grade 10/12 (DPB1 permissive)
- Conditioning: Fludarabine + Busulfan 5300.
- Stem cell source: Peripheral blood.
- GVHD prophylaxis: *Tacrolimus/Sirolimus*

Post Transplant Complication

- During a routine 2 month follow up patient was found to have approx. 45% maculopapular rash (Gr2 skin) with Gr 2 LFT elevation.
 - Treatment plan was to optimize Tacrolimus/Sirolimus levels
 - Started Prednisone 1mg/kg (~100mg)
 - Topical betamethasone cream

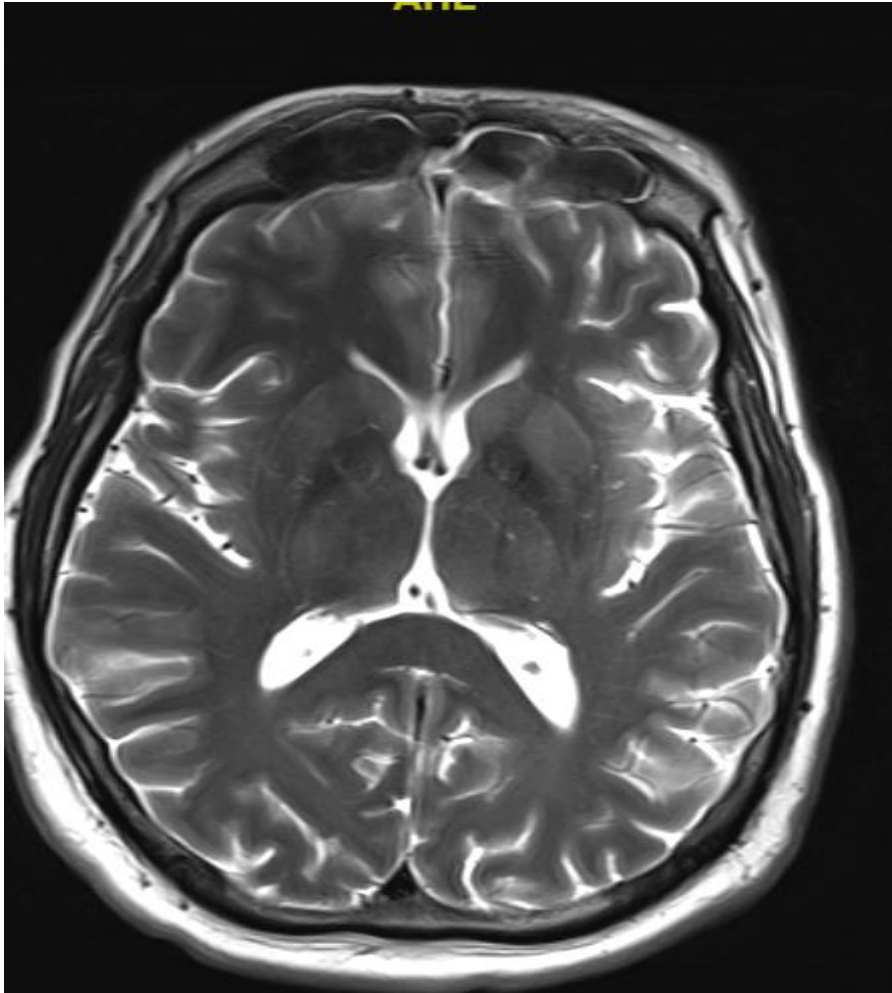
Post Transplant Complication

- **02/20/2016:** Skin GVHD resolved and started steroid taper with weekly visits.
- Recurrence of liver transaminases 2x ULN at prednisone taper dose of 50mg.
 - **Moderate GVHD score:** Prednisone dose increased to 80mg
- **04/02/2016:** Scleroderma to 25% of BSA Extracorporeal photopheresis (ECP) started 2 times a week.
 - Plan to taper steroid as tolerated every 3 weeks

Post Transplant Complication

- **01/2017:** Patient remained on GVHD therapy for scleroderma and Grade 2 abnormal liver transaminases. He began to experience irritability, AMS, and probable seizures was referred to Neuro-Oncology.
 - *MRI brain w/wo later revealed enhancement & progression of white matter lesions*
 - Started on levetiracetam 1gm BID and IVIG X 2 days
 - **Severe GVHD score:** Initiated Ibrutinib

Post Transplant Complication



-Brain (biopsy proven) tissue w/ encephalitis, perivascular inflammation and microglial activation and gliosis

-Predominately CD3+ T-cells, mixture of CD4/CD8 cells

Long Term Follow-up

- Resolution of brain GVHD as evidenced by MRI. Tapered off levetiracetam.
- GVHD: PR. Now off ECP. Remains on low dose Tacrolimus daily, Sirolimus on alternating days, prednisone 10 mg. Reduced ibrutinib dose due to muscle cramping.
- He now follows up twice a year, attends baseball games with spouse.

CONCLUSION

- **Understanding the problem at hand**
 - Obstacle to otherwise curative potential of HCT
 - GVHD poses major risks: morbidity including disability, impaired QOL, and death
- **Therapy for chronic GVHD**
 - Steroids remain first line therapy
 - Ibrutinib is the first FDA approved therapy for GVHD
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